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November, 1905.

Myra's Journal

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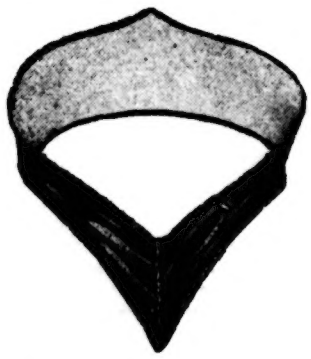
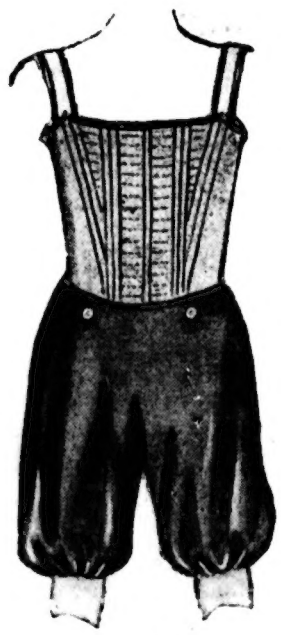
Vol. XXXII. No. 11.

WINTER FASHIONS.





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2.—A GAUGED AND PLEATED BLOUSE.
3.—KNICKERBOCKERS FOR A LITTLE GIRL.
4.—THE NEW BELT.

PRACTICAL DRESSMAKING FOR THE HOME WORKER:—ON THE MAKING OF A SMART KIMONA DRESSING GOWN, ON THE FASHIONING OF A BOX-PLEATED BLOUSE, AND ON THE MAKING OF A SMART COAT WRAP FOR DAY OR EVENING WEAR.

THE LATEST WINTER FASHIONS.
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No. 5616. ELEGANT FUR-TRIMMED REDINGOTE.

Price of Paper Patterns, Skirt, 6½d.; Redingote, 1s. 0½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

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FASHION NOTES FOR THE MONTH

STILL the chief note of the fashions is the coat, on which infinite pains and all invention is being expended. The long coat is supreme, yet the very short models claim a large number of votaries. What is so noticeable in the winter coats is their very pale colour. Coats-and-skirts (long coats below the knee) are turned out in white and the palest cloths, or in grey tweeds so light that they are only tinged with colour, though the tweed is of a heavy, "blanket" consistence for the most part.

There are plain redingotes, but the typical models of the autumn are pleated. Some are unlined and are very beautifully tucked, the tucks left free to form ample skirts reaching well below the knee. A very soft fine face cloth is used for such a coat as this, and the full skirt should be of the same material. Some of the tucked redingotes have the skirts cut to form deep shawl points front and back.

The redingote is a boon to the woman of finely moulded proportions, but it is less kind to the ordinary mortal who could hide her defects of outline in a fluffy blouse and neat belt. Most of them mould the figure like a glove, for which reason the soft elastic cloth which the French call *suède* is a favourite material, the lining being seamed apart and carefully left a trifle looser so as not to interfere with the perfect elastic fit. The short-waisted Empire redingote is less trying.

For evening and tea wear, the dressmakers are calling the redingote Louis XIV. and Louis XV. coats; but this is rather a misnomer, as the characteristic cuff and collar do not appear on one in twenty. The draped elbow sleeve, instead of a cuff, has usually a deep frill of beautiful lace, though this last feature, it must be allowed, always formed the intrinsic part of the Louis cuff. Many of these artistic coats have beautifully embroidered waistcoats and jewelled buttons. In fact, a rich dinner coat of brocade or chiné silk can be a somewhat costly garment.

The brocade or velvet evening coat should not be worn over silk or satin, but over these materials veiled with chiffon, silk muslin, net, &c. For some reason or other a simple satin skirt beneath them looks like a petticoat, as if the overskirt had been forgotten.

Many of the new dinner coats are finished like a coat rather than a bodice with tunic, and is worn over a front or under-blouse of soft silk, lace, &c. In its latter form, with sleeves of the same material, it is undoubtedly in its most useful form, the best for a not too voluminously furnished wardrobe.

The dinner-coat looks very well in velvet or velveteen, with lace draperies and lace ruffles and the draped elbow-sleeve. For those who do not care for long basques it can be made with shorter basques, not much below the hip line. The dinner-coat is also made entirely of lace. In inexpensive piece lace it can be turned out fairly cheaply, but in Paris élégantes are wearing the dinner-coat of real Brussels and Duchesse point, manufactured to shape, and these run to high figures. They are the luxury of the wealthy, because a coat of lace is not of the utility of lace flouncings, which can be used at any time, during any fashions, and which can be manipulated into flounces, berthes, fichus, &c., without cutting the priceless fabric. But a coat is a coat. What else can it be used for without cutting it up and destroying its value?

The favourite colours are rich red, royal blue, a handsome green, and soft brown. Red is, indeed, very prevalent; in fact, the red felt or velvet hat is seen everywhere, especially to counteract the soberness of a dark costume. A great many of the heavier tweeds are in grey—the mixture of black-and-white which has always a sober, half mourning effect. A long redingote to the feet, or a three-quarter redingote and skirt of such a tweed, are well enlivened by a toque of rich red velvet. Then grey gloves and a grey, white, or black fur necklet, or stole, look very well indeed, when otherwise they might suggest half-mourning too strongly.

Some idea of the typical furs for the neck can be had by studying those accompanying the millinery sketches on page 19. The newest, the most prevalent shape, is that sketched on the left (a chinchilla fur accompanying the black velvet hat), which is purposely shaped so that one end hangs in front, the other at the back. This is popularly called the "throwover."

What are the favourite furs? White fox is much to the fore, and, as this is very dear, more economical people are adopting largely the pretty substitute, foxaline. Chinchilla is still a great favourite, and so is sable—for those who can afford it. What foxaline is to white fox, so is mink marmot to sable, and so is musquash, or (much cheaper) electric seal to that other favourite fur: real seal. Ermine is much worn, as a fur and as a fur lining. Ermine lining to sable is very fashionable among the richer furs.

As to fur coats, they are moulded with such beauty that the styles for cloth are exactly copied. We have the long fitted redingote of seal or caracul, the short semi-fitting coat of seal or sable, and pleats are introduced in the seams, just as in the cloth models. Here, again, the coat is occupying all the attention, the fur mantle being rather neglected, except by the matrons of a certain age and by younger ladies for evening wear.

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WINTER BLOUSES IN FLANNEL, CASHMERE, ETC.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane. E.C.*

No. 5622 No. 5623 No. 5624

THREE DAINTY EVENING GOWNS.

For Descriptions see Pages 30 to 34

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; *Skirts, Foundation Skirts, or Bodices, each* 6½d.; *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

Hints on Semi-Evening Dress.

FOR THOSE WHO TRAVEL BY OMNIBUS OR TRAIN.

No. 5625. Theatre Blouse with Fichu.
(Suitable for a Renovation).
For Description see Page 9.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

THE huge size of London engenders difficulties for social intercourse and entertainments when evening dress is indispensable, of which dwellers in small towns can have no experience. London's far-off suburbs are filled with well-to-do residents, who own neither carriage nor motor, and who have to cross the great city to attend theatres or evening parties. This means travelling to one's destination by omnibus or train—or both—with a walk in the bargain, at least at one end of the journey. In this case evening dress has to be restricted. Who would travel by rail in a white tulle ball gown with a long ball wrap of white satin—such a garb as richer folks who travel by cab or carriage would consider correct for the type of entertainment? Then there are women of very modest pin money who are forced, for economical reasons, to choose their evening garments with a view to their "adaptability"—they must, if required, be able to serve for day wear. In both cases such essentially "evening" materials as net, tulle, white and cream satin or silk, are quite out of the question, as they are impossible for daylight wear or public conveyances, especially in the winter.

It has added to the difficulties of semi-evening dress that the non-matching blouse and skirt are now quite impossible. The economical—but always jarring—combination of a white or pale blouse with a handsome black skirt cannot now be even thought of by those who aim at nice dressing even in a modest way. This points to the handsome black evening gown as the best of all semi-evening and "adaptable" gowns. Pale gowns can, of course, be entirely covered by a long cloak lined with white or pale-hued silk, so as not to injure the dainty fabric. But, alas! rain is not infrequent in London, and all Londoners have an inrooted appreciation as to the action of London mud on light fabrics. Some girls, unfortunately, will coolly dance a whole evening in a bedraggled white gown which bears every sign of cruel crushing in an ill-shaped cloak, with the skirt edge disfigured by the ominous stains of dried-up mud—a sure proof of want of natural refinement and a disregard for the

No. 5626. Toilette Blouse of Accordion Pleated Mousseline.
For Description see Page 9.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

hostess, who naturally resents the discourtesy implied by a bedraggled appearance at her entertainment.

To say truth, semi-evening dress is not for the dance, where something lighter, more dressy, and more ephemeral is required—at least for the young and not their chaperons. When girls go to dances they must have proper dance frocks, and must either go from their homes in a private vehicle, or, if living too far for that, must dress at a friend's or at a hotel in the locality of the entertainment. It is for the theatre, concert, or the quiet little dinner when semi-evening dress is so acceptable to the guest who lives far off and must reach her destination by train.

The dark utility dress is the most useful, and if dark I strongly recommend black, as dark shades like navy suggest too strongly the day visiting dress made up for evening purposes. This suggestion refers principally to satin or silken fabrics. Velvet looks best in a rich shade like crimson. Now real silk velvet is a very expensive fabric, quite beyond the purse which caters for semi-evening dress; but for velvet we have the excellent substitute of velveteen. Lewis's "Wonderful" Velveteen is only 2s. a yard, is rich and lustrous, fast pile, in the loveliest and newest shades. At No. 5628 I have had sketched an artistic "adaptable" gown of mauve "Wonderful" Velveteen. The full skirt, quite unlined, is in seven gores, and is mounted in pleats at the waist at back and sides. The bodice is a pretty model, with boned and fitted lining draped with the velveteen, which ceases beneath the belt drapery. The belt is mounted on the edge of the boned bodice—a style which obviates any idea of thickness at the waist. The elbow sleeve is a double puff of velveteen arranged on a smaller lining.

This is the staple of the dress. For day wear it can be filled in with a detachable lined chemisette and lower sleeves of tucked Oriental satin, of the type shown in the blouse No. 5627, the chemisette filling in the open neck back and front, and finishing with a tucked collar. As illustrated at No. 5628, the low velveteen bodice is draped with a lovely collarette-

No. 5627. Silk Blouse with Detachable Vest and Lower Sleeve.
For Description see this Page.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Corsham, November 4, 1901.—"I write to tell you that I am very, very pleased with your journal."—C. P.

plastron, which I commend specially to notice as a means of turning a plain silk blouse into a highly ornamental evening bodice. This collarette is a gathered berthe collar of spotted net, cut in one with the blouse plastron, which closes under the left lace band, and is tucked smartly into the belt to form a pouch. The berthe is shaped at the top by gathering it into a square of lace (made up on the flat pattern). If good lace is used it need not be cut at the corners. These can be folded and the fold disguised by slipping in a wedge of satin of the velveteen colour if the collar lies on the velveteen, of very pale pink satin if the lace lies on the neck above the bodice edge. Elbow frills to match decorate the sleeves.

To make this gown 14 yards of 24-inch Lewis's "Wonderful" Velveteen will be required. Patterns of the velveteen (2s. the yard) will be sent post free on receipt of a postcard by Lewis's, Market Street, Manchester.

If the "utility" dress is black or dark, a shorter wrap can be used, an admirable example of which will be found at No. 5662 (described, with explanatory diagram, on page 28). The coat serves equally well for day or evening purposes, is of the palest putty cloth (almost white), decorated with white silk braid and lined with soft white satin or silk.

No. 5628. Evening Gown of Lewis's "Wonderful" Velveteen.

For Description see Page 8.

Price of Paper Patterns, Skirt, 1s. 0½d.; Foundation Skirt or Bodice, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 5629. Evening Wrap of Lewis's "Wonderful" Velveteen.

For Description see this Page.

Price of Paper Pattern, 1s. 0½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

A pale evening dress, of course, requires a longer wrap, such a one as the very artistic model No. 5629, made of dark green Lewis's "Wonderful" Velveteen, lined with quilted shrimp-pink satin. It is a loose coat, with big bell sleeves. Fronts and sleeves are decorated with stitched straps and rows of stitching, the straps being further trimmed with small metal buttons. Lace can be substituted for the straps, but the buttons are required to hold the cord loops which close the fronts. A band of lace decorates the sleeve, and on the shoulders is a smart lace collar finished with cords and tassels in front which can be used loosely to tie the mantle at the neck. The cloak takes 10 yards of 24-inch velveteen.

For the utility dress of pale hue cream or white is the only useful colour, because blouse and skirt must match in hue, and a skirt of pale blue or palest mauve or pink is not of much service in a modest wardrobe during the winter. However, if one owns a very pale skirt, of, say, leaf-green pastel cloth—part of a very smart bolero-and-skirt costume—it is worth while having a silk "adaptable" blouse made of the same colour. In the fashionable world exceedingly pale dresses will be worn for afternoon indoor purposes all through the winter, and the economical girl can easily adapt her blouse for day or semi-evening wear. No. 5626 was made of accordion-pleated rose silk muslin (mounted on rose silk) to match an elegant trained eleven-gore skirt of rose pastel cloth. The pleated material is prettily gathered in front on the shoulders. The material was pleated first and cut on the flat pattern. Neck and puff sleeve are finished with lace, through the slots of which is passed a black velvet ribbon. Frills of lace-edged muslin finish the elbow sleeves. The shaped belt is of stiffened black velvet. Some 5 yards of muslin (before pleating) are required. For afternoon wear a chemisette and band collar of lace could be added.

The blouse, No. 5627, looks very well in cream satin, with broad fichu collarette of lace decorated with ruches of white silk muslin. The sleeve frills are of lace. The detachable vest, tucked collar, and sleeves (tucked to flat pattern) are of white silk muslin (21-inch satin, 5 yards).

The bodice illustrated at No. 5625 is a smart renovation of a rather soiled satin bodice, supplied by a cascade of lace frills. The too-small satin sleeves are renovated by a big puff of silk muslin matching the fichu. 2 yards of 48-inch muslin will make sleeves and fichus.

RENOVATIONS.

At the change of seasons there is no agent so potent in transforming pale summer garments into autumn and winter clothing of soberer hue than a good dyer, who, like P. and P. Campbell, of the Perth Dye Works, can cope with every difficulty that confronts the renovator.

Messrs. Campbell's principal specialities for autumn are ladies' dresses in the light, soft materials worn during the past summer, which they are now dying the darker and warmer shades suitable for autumn and winter wear.

Unless an extra lining is needed to give additional warmth, such dresses can usually be dyed whole, thus saving the tedious task of unpicking and remaking. Dame Fashion is so fickle that it is better to renovate such dresses and wear them out, than to lay them aside till next summer. Silk and satin are dyed by a process which preserves the fabric unbroken, and imparts a rich and brilliant finish. Velvet and velveteen are dressed and the pile raised, while black dresses that have become rusty, as well as coloured velveteens, can be dyed all the most fashionable shades, beautifully finished.

It is advisable to send for Messrs. Campbell's new catalogue, which gives colour lists and prices. The firm has central receiving offices in most of the principal towns, and agents everywhere, through whom goods may be forwarded to their extensive works at Perth, carriage free. Advantage should be taken of their postal department to forward direct urgent orders and such light things as feathers, lace, and gloves. Care should, however, be taken to address correctly, "P. and P. Campbell, The Perth Dye Works."

"Your patterns are so excellent I do not care to use any other."—A.

Shopping by Post.

SMART AUTUMN HATS AT MESSRS. SAMUEL LEWIS AND CO.'S.

THOSE who shop in person at Messrs. Samuel Lewis's, The Holborn Silk Market, Holborn Bars, E.C., have seen for themselves the enormous growth of their various departments since the fine new premises have been completed, while "shoppers by post" can get a good idea of their season's novelties by catalogues, price lists, illustrations, patterns, &c. Last month I mentioned some of the enticing bargains to be seen in their great silk department, and this month I am going to say something about their winter millinery. Those who live near enough to call will revel in the millinery department, so well lighted and comfortable, where all the latest hat models can be inspected and tried on; but a large proportion of our readers live sufficiently far to make a personal call impossible or inconvenient, and on their behalf I have had four very smart hats sketched on page 19, which they can safely order by post.

I have selected some of the inexpensive models, but a glance at our sketch will show how very nice they are, small price notwithstanding. At the top of the page is shown a charming hat of cream felt, with its bandeau and dainty plume complete, costing only 9s. 11d. On the right is a beautiful gathered toque of scarlet chiné velvet, exceedingly smart, only 14s. 11d. Red toques are to be a feature of the winter millinery in felt, cloth, velvets, &c., particularly velvet. In fact, velvet is to be a staple fabric, not only for millinery trimmings on felt, &c., but as the material of the hat. Consequently Messrs. Samuel Lewis have a splendid show of velvet hats and toques in all colours.

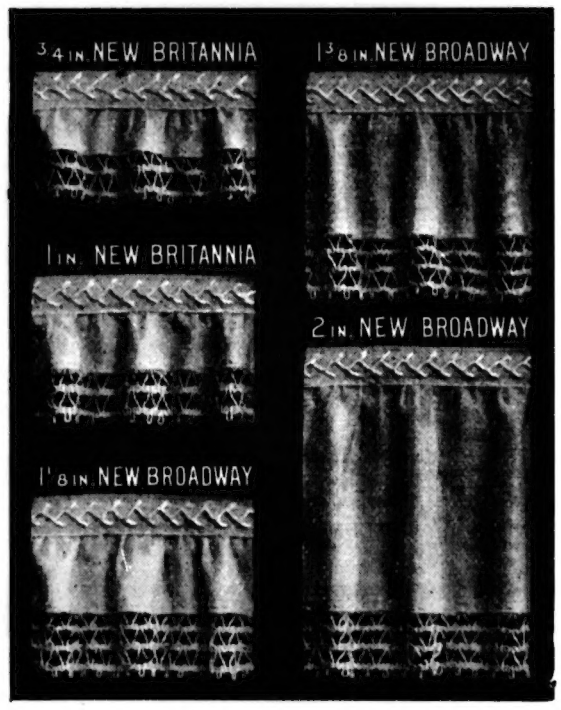
On the left of the sketch is shown a most becoming black velvet hat, decorated with silk frills and feathers (only 17s. 11d., a wonderfully low price), and at the foot of the page is sketched a smart pleated toque of brown velvet (13s. 11d.) with novel drapery on the left and handsome buckle. These are but a few out of a vast store which are most inviting, alike from style, becomingness, and —what is a great consideration in these days —most moderate cost. Next month I hope to have some details to give of Messrs. Samuel Lewis's handsome but inexpensive furs, so admirably adapted for acceptable Christmas gifts.

THE B.B. WINTER CLOTHS, SERGES, AND TWEEDS.

Cloths and tweeds of superior style and finish are the notable features of the new materials, and nowhere can we get these more varied and beautiful than at Best's Dress Goods Company, Bradford. There is a lovely range of white "Alexandra" B.B. Amazon cloths, soft, dainty, supple, from 3s. 2d. the yard (43-47 inches wide). The splendid white Empress cloth (51 inches wide) is only 4s. the yard. White tailor gowns and white indoor dresses are going to be so prominent this winter that these B.B. white cloths demand due attention. They are admirable, too, for facings, &c. In coloured dress cloths I strongly recommend the really splendid "Durham" Chiffon Broadcloth, in rich petunia, dark red, brown, and other winter shades, only 4s. 6d., 51 inches wide, and there is a pale Pirle-finished range at 3s. 11d.

The white serges are lovely, and there is a big range of very handsome navy serges, with fine or coarse rib, to suit all tastes and all purposes, from 1s. 11d., 46 inches wide. The B.B. tweeds are superb—herringbone, plaided, faintly chequered, splashed, &c. As a handsome plaided tweed I recommend the "Trowbridge," only 1s. 4d. the yard, 40 inches wide. It is impossible to enumerate any but a very few of these. Like the cloths, they are of all styles. By the bye, among the cloths I must not omit the "Birdseye" embroidered habit cloth, at 3s. 9d., and the very rich "Panneau" cloth, 52 inches, at 5s. 6d.

Excellent tweeds of rich colourings are to be had at 2s. 4d., 44 inches wide. All the B.B. fabrics are handsome and such excellent style, even the cheaper ones. White, royal blue, and crimson hopsacks for tailor gowns are only 2s. 6d., 44 inches wide. A point is made of the plaided and chequered



Messrs. Cash's "Broadway" Frillings.

tweeds and other fabrics, which include a smart Tartan check, for indoor dresses or blouses, at 2s. 3d. (45 inches).

A charming plain material for dresses or blouses, in light or dark colours, is Satin Delaine, only 1s. 6d. the yard (42 inches), yet very rich looking. Many of the prettiest and cheapest B.B. dress materials are of light weight, like the allwool Natté cloth (a kind of canvas), only 1s. 6d.; the Sandown Armure (2s. 8d.); the Wyndham, a crêpe-like fabric, in lovely colours (2s. 2d.); the Marlborough Poplinette (2s. 2d.), &c. Patterns of all these ought to be sent for at once. They will be sent by return, and carriage will be paid both ways.

There is, of course, an enormouse range of black woollen and silk-and-wool B.B. fabrics, and I think nobody ought to make up a black dress without seeing them. Canvas, cloth of all kinds, silk check grenadines, serges, woollen armures, embroidered chiffons, black cheviots, poplinettes, &c., for day or evening wear, any black fabric in wool or silk-and-wool can be had, plain or fancy. There is a capital range of fancy Vicuna Pirle-finished black cloths, at 2s. the yard, 46-47 inches wide.

A CHARMING DECORATION FOR UNDERWEAR, CHILDREN'S OVERALL, &c.

The sensible plan of using linen for boys' nursery suits, even in the winter, makes it necessary to deal with linen garments and their decoration even at this season. The laddie wears warmer flannelette underclothing than he would if clad in serge; but he looks all the fresher and brighter for his spotless linen tunic suit, which is none the worse if subjected to a weekly tubbing when trimmed with Cash's everlasting Frillings. On the collar and cuffs of a boy's tunic I prefer Cash's Hemstistched Frillings to any other decoration, quite apart from the ease of making up, and the extreme durability of the frills and their amenity to the "doing up" in the laundry. Everyone who has had the care of small boys knows how frequently their overalls and washing suits repeat their visits to the laundress. Lace, &c., is not suitable for boys' clothes, but for little girls' frocks and pinnies what could be prettier than Cash's Frillings edged with lace or the neat Broadway Frills? These last, in a few favourite "widths," are here illustrated, ready ruffled on a feather-stitched band, which facilitates the putting on of the decoration, as it saves time (besides ensuring an added prettiness) to merely fell on the band. Without this band, the gathers (the draw-string is already run through the frills) require regulating and more careful sewing on. To get some idea of the beauty of Cash's Frillings, the capital illustrated catalogue should be sent for to J. and J. Cash, Coventry. It will be sent, post free, by return of post. To decorate infants' cots, household linen, &c., nothing is smarter than Cash's wider Hemstitched Frillings, which can be had as much as 5 inches deep.

"LOUIS" CHIFFON VEL DUVET.

There is a strong feeling abroad for lightness in clothing, even for winter clothes, and it is owing to this reasonable demand that Messrs. Louis, whose velveteen is known and appreciated all over the world (it is the favourite "Velours Anglais" of the French dressmaker), now boasts a new development in a lighter weight and the fashionable "chiffon" finish: the Louis Chiffon Vel Duvet. In lightening the original velveteen, the manufacturers have in no way detracted from the beauty of the pile nor the wonderful durability for which it was deservedly famed. One great advantage of the Louis Chiffon Vel Duvet is that it lends itself to the highly pleated and draped styles once considered impossible for velvets, but which the delicate *velours mousselines* not only permitted, but required. A dress of this type is illustrated at No. 5,624 on page 7, carried out in the new Louis Chiffon Vel Duvet, in which most lovely colourings are to be seen. The new mauve tints are delicious, and there is a great range in the deep reds and soft browns, which are the colours of the winter season. A shade card of the new Louis Chiffon Vel Duvet can be seen at any drapers, the patterns being beautifully arranged and graduated to assist purchasers in their choice. If any difficulty is found, however, ladies should write straight *to the manufacturers*, Messrs. Louis, 57, Newton Street, Piccadilly, Manchester, who will supply the name and address of their nearest agent.

BACON BY THE SIDE.

The smaller the quantity, the dearer the purchase. This is an infallible rule, especially in foodstuffs. If we buy a whole cod or salmon, the price per pound is sensibly less, and the same thing is to be seen with bacon. Now, few families—even the largest —require a whole cod, because it cannot

January 20.—"Of all the ladies' papers that are published 'Myra' is undoubtedly the very best."—M. H.

keep, and it is too much to be eaten at a single home dinner.

But a family *can* use a whole side of bacon, because if properly placed it keeps good for months and months. To buy bacon by the pound or the rasher is ruinous if we require several rashers daily. However, few housewives care to buy bacon in large quantities unless they can get a well-recommended brand, on the excellence of which they can rely. The Wiltshire Provision Company, of Chippenham, have a reputation which is not merely local for the excellent quality and flavour of their bacon, which they supply at wholesale prices direct to the consumer. A whole side of lean, selected bacon (fully branded as a guarantee of quality), containing from 42lb to 44lb, costs only 25s., if unsmoked; 27s. 6d. if smoked. Smaller pieces are at proportionately low prices, the fore-end (12-13lb) costing, unsmoked, only 6s. 6d.—something like 6d. a pound. It is a capital plan for two or three households to buy a side between them, and divide it when bought, if the number of members does not seem to require so large a stock being bought of one item of food for a single family.

EXCELLENT HOSIERY AT MODERATE PRICES.

Nottingham is *the* county for hosiery, and *the* manufacturing hosiers who turn out some of the best socks and stockings produced at Nottingham are Messrs. C. Layton and Co., Trinity Avenue, Lenton, Nottingham. As a rule inexpensive hosiery is badly shaped—any pronounced curves are done by stretching, or by ugly (and hurtful) seams. But Layton and Co.'s Nottingham hose are shaped on the loom and hand sewn. Four pairs of plain or ribbed cashmere stockings (ladies') will be sent, post free, for 4s. (black), 4s. 6d. (tan), of guaranteed quality. A price list will be sent on application. Their black cashmere stockings, embroidered with white silk on leg and instep, are exceedingly nice (2s. 6d. a pair, three pairs for 7s., post free). Mothers of boys will appreciate the children's stockings with spliced knee and long spliced heels (three pairs 3s.).

A SPLENDID CHRISTMAS NUMBER FOR SIXPENCE.

Our readers must look out early for our next number, which will be the enlarged Christmas Number, with which five supplements will be presented free. The chief supplement is the large and handsome photogravure, "Happy Days" (16½in by 12in), from Fred Morgan's original painting. The subject is a remarkably attractive one, and the execution is excellent. An attractive prize competition will be announced, for which the first prize will be £5. Four Free Paper Patterns will be given—one, of a handsome braided umbrella skirt; two, of a very dainty blouse; three, of a child's charming evening frock; four, of a pretty lace mitten sleeve, which is greatly in request just now, as it fills in the numerous elbow sleeves, of which we are all getting a little tired, and which, for evening wear, is both pretty and economical, as it enables the wearer to dispense with gloves. The whole number will be a very attractive one, containing Novelettes, Christmas Catering, Fancy Dress Dances, How to Give a "Question" Tea, Useful Christmas Presents, Christmas Books and Cards, &c. Our many professional readers who trust to our pages for inspiration and instruction in the domain of fashion will find the Christmas Number crammed with very elegant designs for Fancy Dresses, Ball and Dinner Dresses, Children's Party Frocks, Tailor Gowns, the New Redingotes and other Coats, the new Furs, Winter Millinery, &c.

A WONDERFULLY CHEAP SEWING MACHINE.

For the girl who makes her own clothes, or the young dressmaker setting up in business for herself, no present could be more acceptable than an Atlas Sewing Machine, which, able to be worked by hand or by treadle, costs only 39s. It is not everybody, unfortunately, who gets presents—those who have to struggle the hardest get, as a rule, the fewest gifts—but the Atlas Machine Company (136M, High Street, Camden Town, London) make it easy to purchase their excellent machine, as it will be sent for one month's trial on receipt of 5s. The balance can be paid on the easy terms of a monthly payment of 5s. Those who live near the principle depôts could call and see the machine; but the outlay is so small for a month's trial that the majority will prefer to have the machine forwarded to them.

"HAPPY DAYS."

Reduced facsimile of the Beautiful Photogravure which will be presented with the Christmas Number of "Myra's Journal."

RAPHAEL TUCK'S CHRISTMAS CARDS

I will put off for next month a detailed account of Messrs. Raphael Tuck and Sons' lovely Christmas cards, picture postcards, and calendars; but as many of our readers live in far-off Colonies and dependencies of the British Empire they will be glad to hear something in time of these charming Christmas novelties, which are in demand not only over the entire British Empire but over the whole world. To begin with the calendars. Raphael Tuck's unrivalled art calendars are at all prices, from a few pence to 10s. 6d. and upwards. All are charming and dainty, but the more expensive ones are veritable works of art. I can imagine no more delightful present for a seasonable offering from some friend or acquaintance in circumstances which do not warrant a formal and costly gift. "Hark-Away!" is a splendid calendar, printed on four large sheets, of hunting scenes (only 6s.). The Charles Dickens Calendar, at 2s. 6d., is highly attractive, and the Mezzotints, after Constable (5s.), are delightful.

Christmas cards at Messrs. Raphael Tuck's are exceedingly tasteful and artistic this year. A great deal of attention has been given to the Christmas postcards, for there is no uncertainty as to the popularity of the picture postcard—it is sold by the tens of thousands, and bids fair in time to swamp all other types of greeting cards. The "Silverette" series of Tuck's postcards are lovely, sold in packets of eight, at 6d. the packet. They comprise a wide range of subjects—pictures of famous towns, landscapes, seascapes, children, sporting designs, animals, &c. The "Raphotype" series is very attractive—reproductions of a new kind from drawings in sepia and blue, characterised by great softness and delicacy. The "Town and City" phototype series appeal to all who love the famous towns, cathedrals, and buildings of their great empire. The number of different towns obtainable is enormous. In purchasing picture postcards this great series should be asked for. The special town required is almost certain to be in the list.

TRAINING FOR THE LADY SERVANT.

There is no doubt at present a strong prejudice in many quarters against the lady-servant. This is partly due to her novelty, for the majority of people in this country are intensely conservative, and hold strongly to the view that what is new is of necessity objectionable and to be avoided. Unfortunately, however, this conservatism is not entirely accountable for the feeling, which in a large measure due to the people who enter upon domestic work. Too many of them think that anyone can keep a house clean and fresh, that training is quite unnecessary, and that any ordinary sensible woman is surely capable of doing the work of the ignorant housemaid or parlourmaid. They would appear honestly to believe that because in their own homes they have now and again dusted the drawing-room, laid the table, and on emergencies lit the fires, they are fitted to carry out satisfactorily the routine duties of a domestic worker.

In all the other professions—nurse, teachers, &c.—we are at last beginning to recognise that training is an absolute necessity. Of course, we know that there are heaven-born geniuses in all professions who need no training, but they are so rare that we need not trouble about them.

"I have used 'Myra' for nearly nine years, and find it the best of all dressmaking journals."—M. M.

No. 5630 No. 5631 No. 5632

No. 5633 No. 5634 No. 5635 No. 5636

USEFUL OUTFIT FOR THE WINTER.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Dressing Gown, Chemise, or Combination Skirt, each 1s. 0½d.; *The other Models, each* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

THE IMPOSSIBLE!! Trying to arrest Time.

NOW! is the Watchword of the Wise!!
NOW! is the constant swing of the Pendulum of Time!

You can change the course of the trickling stream, but not the rolling river. It will defy all your tiny efforts.

The common idea when not feeling well is, 'I will wait and see,—perhaps I shall feel better to-morrow'; whereas had a supply of ENO'S 'FRUIT SALT' been at hand, and use made of it at the onset, all calamitous results might have been avoided.

Every Household and Travelling Trunk ought to contain a Bottle of

ENO'S 'FRUIT SALT'

It is Health-giving, Refreshing, and Invigorating. You cannot overstate its great value in keeping the Blood Pure and free from Disease. It should be in every bed room and traveller's bag (for any emergency). It acts as simply, yet just as powerfully, on the animal system, as sunshine does on the vegetable world, and removes all fœtid or poisonous matter (the groundwork of disease) from the Blood by Natural Means. Always does good—never any harm.

The effect of Eno's 'Fruit Salt' on a Disordered, Sleepless or Feverish Condition is Simply Marvellous. It is, in fact, Nature's Own Remedy, and an Unsurpassed One.

CAUTION.—Examine the Capsule, and see that it is marked ENO'S 'FRUIT SALT.' Otherwise you have the sincerest form of flattery—IMITATION.

Prepared only by J. C. ENO, Ltd., 'FRUIT SALT' WORKS, LONDON, S.E., by J. C. ENO'S PATENT.

OUR
COMPLETE TRANSFORMATION,

AS PER ILLUSTRATION,
Price 30/-; worth 65/-.

Write for our Illustrated Catalogue of Fringes, etc. (Post Free).

Fringe Nets

(made of Human Hair)

The largest and best in London, at **2/-** per half-dozen.

Tails of Pure Hair.

Length.	Weight.	Price.
18 inches.	1¼ oz.	3/6
20 inches.	1½ oz.	5/-
22 inches.	2 oz.	7/6

Pale, Grey, and Light Shades extra.

TO BE HAD DIRECT FROM—
THE UNIVERSAL HAIR MANUFACTURING CO.,
84, FOXBERRY ROAD, BROCKLEY, LONDON, S.E.
TELEPHONE NO. 513 DEPTFORD.

When a bright frosty day comes
your old dress will look shabby.

Send now in good time before your dressmaker is overwhelmed with work to BEST'S, BRADFORD (the centre of the dress goods trade), for Patterns of

Winter Dress Goods.

A FEW SPECIALITIES:—

The North Berwick Tweeds ***(shrunk and waterproof) 54 to 56 inches, at 2/9, 3/11, 4/6, and 5/-, suitable for Hockey and Golf Skirts, and for all ladies who have to face bad weather.***

Shepherd's Checks	- -	**48** in. @ **3/3** and **3/6**
Stromness Tweeds	- -	**51/52** in. @ **2/6**
Covert Coatings	- -	**42** in. @ **3/-** (Pirle finished)
Vicuna Serge	- - -	**44/45** in. @ **2/8**

In Evening Dress Goods
we have a Great Variety in the most FASHIONABLE COLOURINGS.

For Mourning
the *Queen* says: "The choice in Black goods is singularly good."
Amongst them are Voiles, plain and fancy, Grenadines, Crêpes de Chene, Cashmeres, Mohairs, &c.

Terms: Cash with order. All goods sent Carriage Paid in United Kingdom.

Send us a postcard, saying whether Blacks or Colours are wanted, and we will send you, free of all cost, our wonderful collection. Please name this paper when writing.

B.B.
(BRADFORDS' BEST.)

BEST'S DRESS GOODS Co.,
Manufacturers, BRADFORD.

No. 5637 No. 5638 No. 5639

SMART WALKING TAILOR GOWNS FOR EARLY WINTER.

For Descriptions see Pages 30 & 31.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; *Skirts, Foundation Skirts, or Coats, each* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 5640 No. 5641 No. 5642

No. 5643 No. 5644 No. 5645

NEW MODELS OF CHILDREN'S WINTER COATS.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 5646A

No. 5646B

No. 5646C

No. 5646D

ELEGANT WINTER STYLES FOR MATRONS.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Pleated Skirt, 1*s.* 0½*d.; Foundation Skirt, Mantle, or Bodices, each* 6½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

EMPLOYMENTS.

THE GIRL WHO WANTS TO DO SOMETHING.

SHE is often ardent, hopeful, ambitious, energetic, in many ways admirable; but, joined to all these good qualities, there is sometimes lacking the one thing needful, the staying power, the solid, steady common sense that is neither unduly elated nor depressed; the kind of disposition that does not welcome the first step on the ladder with a sense that her fortune is now made, and she has only to rest on her oars. The girl who is going to succeed is not that kind of girl. To talk round the fire with her family—who possess that fond family admiration which goes round each member of it like a ring fence—is one thing; to go out at eight o'clock on a dull, wet, winter morning to her oft-tried, well-known daily task is another. The girl who is going to do something must be a girl of grit; a girl who will not think at the reproof, the rebuff, the first disappointment, that it is all over with her, and that she really can do no more. She must be the girl who can, and will, grin and bear it.

Disposition, besides opportunity, has often a good deal to do with success. Some people, the people who get on, never know when they are beaten; all opposition acts as a spur to incite them on to fresh efforts. They regard life as some great obstacle race; they know there will be many stumbling-blocks in their path, and they are absolutely and entirely determined not to be conquered by any of them; the higher and bigger they are, the more zest they give to the struggle.

So, if you really *need* and *want* to do something, look the matter straight in the face, and reason it out. If you have had a tiff with your lover, or a squabble at home, or if you haven't had a very good time lately, and life is looking rather grey, and you think you would like a little change, do not imagine for one moment that you are going to a sort of pic-nic. Far from it. To make money is never easy, and ofttimes it is actually disagreeable. Whether it is fine or wet, whether you are well or ill, whether you are inclined or not, out you must go, and do your work and hide your private feelings. What you are and what you feel is as nothing; it is what you do that matters.

Well, you realise all that, don't you? Yet you are still convinced that you want to do something, so I propose to deal this month with an occupation that employs many of the cleverest, nicest, and prettiest girls in our land—I mean business with a big, big B.

No. 5647. The New Empire Redingote.

For Description see pages 30 to 34.

Price of Paper Pattern, 1s. 6d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

And here I cannot do better than quote the experience of a business woman from the invaluable "Women's Employment":

"Business offers a large scope to the clever and artistic girl, and she may soon be earning a larger salary with less outlay to her parents than in many other walks in life. . . . It is essential to be a lady in appearance and manners if a girl is to take a good position, for though the life is a hard one (and what successful life does not entail hard work?), it is not at all an objectionable one. Indeed, a girl who is fond of pretty things will enjoy designing them, and the pay is good, and a clever girl who can work up her department and make a good return earns not only a handsome salary, but the respect and consideration of her employers. Of course, those who will not take the trouble to do this, but just get through the days doing as little as possible, are not likely to succeed, for to make anything a success one must do one's level best always."

BUSINESS LIFE IN THE PROVINCES.

(Many of my readers live out of London, so they will welcome these views of business life outside the big Babylon.)

"The best time of year to place a girl out is March or September—that is, the beginning of the spring and autumn seasons—in the provinces. . . . A girl should be apprenticed to a good house to learn her trade, for her career will be built, as it were, on her first associations of business life. That is, if she is accustomed from the outset to see around her things in good taste, she will naturally be more likely to acquire a correct style than if it were otherwise, and this will materially help her in her subsequent career, for if her capabilities and her taste are good she will command a higher salary than a girl of ordinary abilities and taste. Most good houses will now take a girl of sixteen or seventeen years of age as an apprentice to the show-room, for two years, living out, without a premium; or for two years, living in, with a premium of, perhaps, £20. At the end of that time, if she has proved useful and capable, she may reasonably expect a salary of £20 for her first year, living in, and afterwards it is her own fault if she is not soon getting a larger one, and should she rise to be buyer or manageress of her department, which is, I believe, what all girls look forward to being, although all cannot possibly attain it, she may earn, if it be millinery, from £60 to £100; if it be mantles, from £60 to £120; if it be outfitting, from £60 to £100; if it be dressmaking, from £80 to £120, according to the size of the department she controls. . . . Hours are generally from 9 till 7, and 2 o'clock on Saturdays." (The salaries quoted above are for living out, for living in the salaries are lower.) "Where assistants live in—as in the Midlands and the South—they enjoy every comfort and many pleasures. Heads of departments invariably have a bedroom to themselves, and many girls make their bedrooms very homelike and pretty, with pictures, flowers, &c. . . . Most houses, too, have a good library and a tennis club in summer, so that out of business things can be very pleasant. But it is of no use for a girl to think of entering business unless she is prepared to work very hard. If she will do this she may do well for herself." That is the practical

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Beckenham, Kent.—"I have been a subscriber for seventeen years and think that your fashions are the best."—K. N.

pound of experience which we all know is worth a ton of precept. Next month I may have more to say on the subject anent salaries, &c., but that will be enough for the present, provided my readers will mark and learn all the lessons and good advice given in this present issue.

FREE REGISTER.

Notices for repetition must be written on one side only of a separate sheet of paper, and bear the Register number.

No. 380.—Dresses, mantles, blouses made and altered. Fur repairs. Highly recommended. Reasonable charges. (S.W.)

No. 381.—Costumes complete, or ladies' own materials. Blouses. Highly recommended. Moderate.

No. 382.—Trained certificated teacher of dressmaking desires an engagement in a private business as working partner, assistant, or bodice hand.

No. 383.—Dressmaker. Many years' experience. Blouses, unlined, 2s. Muslin, linen frocks, 8s. 6d. Costumes from 10s. 6d. Ladies' own materials. Prompt attention.

No. 384.—Dressmaking or plain needlework at ladies' houses wanted. (N.E.)

ANSWERS TO CORRESPONDENTS.

NOTE.—All letters should be sent to Miss Winifred Jones. Correspondents are especially requested to observe this, as otherwise delay inevitably occurs.

Notices for re-insertion must be written out on a separate sheet, and on one side of the paper only. The number must be written at the top left-hand corner, and each notice must be accompanied by the Current Coupon (see page 42).

NOTICE.—Letters requiring a private reply must enclose a stamped envelope and twelve halfpenny stamps.

Dressmaking and Plain Needlework (E. G.).—I gave your name to a correspondent, and I am putting you on my Register, and will recommend you when opportunity offers. An advertisement in the local paper is sometimes of use, and you should get all your customers to recommend you. That is by far the best and most satisfactory way of forming a connection. Put a notice, too, in your window. Make it as widely known as you can.

Plain Needleworker Wanted (W. D. M.).—I sent you the names of several workers on my Register, and I trust you were able to employ some one of them, and that the work done was satisfactory.

Blouses Made, &c. (Miss A. P.)—You have not yet let me know for whom your letter was intended, but I am still keeping it. A correspondent wrote for your address and I sent it to her. I should be glad to know if you receive any orders by this.

Dressmaker (Madame H.).—Certainly, I will put you on my Register and recommend you when opportunity offers. Your charges seem very reasonable. Your letter reached me much too late for the October issue.

Post as Fitter Wanted (B. M. W.).—With your training and knowledge, I see no reason at all why you should not get a post as fitter. The method of advertising I advised to you privately is the best. I also received your second letter, and I am glad to hear you found my advice so helpful. I am putting you on my Register, and I may tell you we never publish names and addresses in my Register. I hope you will not forget to let me know if you arrange anything with any one of my correspondents whose addresses I gave you.

Business, Wanted to Purchase (H. G.).—I sent you the names and addresses of various correspondents who had dressmaking businesses to dispose of. Please remember to let me know if you come to terms with anyone, as I can then strike the offer off my Register.

Dress and Mantle Maker (M. W.).—Certainly, I will put you on my Register, but the notice will not appear regularly unless you send me the current coupon each month. The testimonials seem most satisfactory, but may I say cuttings of that kind, without name and address, are really valueless. You see, they might be written by anybody. I do not doubt the genuineness of these for one moment, but I merely offer you the advice in a friendly spirit. Names and addresses are never published in my Register.

Wages Paid to Bodice, Skirt Hands, &c. (M. K.).—I sent you the average prices privately, and I thank you for your card saying that the information had been of use to you.

Dressmaker at Tonbridge (Mrs. H.).—I am putting a fresh notice in for you, which I think will be best. I am glad to hear that you are doing so well. I always think it is a step in advance when you begin to supply materials as well as make up. I hope you may go on and prosper. Always when you want a notice reinserted write the number on the Register.

TO PRESERVE THE COMPLEXION.

We have come to a time of year when the complexion requires careful tending. Cold winter winds are as damaging to the texture of the skin as the hot sun of summer is to its colour. We require a protective agent, because no one is foolish enough to forego healthy exercise in the open air because their complexions may be roughened and coarsened by doing so. It is impossible to get a better agent than Lait Larola, which can be bought at any chemist's from 1s. the bottle. Lait Larola soothes scorched skin, while it whitens and refines, and there is nothing more softening when harsh winds blow, roughening, reddening, and coarsening the skin. It is very pleasant to use, and it is most inexpensive, as a small bottle goes a long way.

To the cyclist or the motorist Lait Larola is a veritable boon. It allays the soreness apt to seize a delicate skin when mingled dust and cold air have to be endured for several hours at a stretch.

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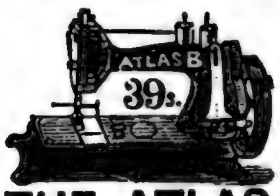

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SMART WINTER MILLINERY.

(For Description, see page 38.)

SKETCHED AT MESSRS. SAMUEL LEWIS AND CO.'S.

Descriptions of the Free Patterns.

NOVEL TAILOR FOUR-GORE SKIRT.

THIS very pretty skirt looks specially well in one of the new "blanket" tweeds — nearly white, splashed with black—handsomely strapped with cloth (or braid) matching the black "spashes" or plaiding of the tweed. For the back view of this skirt see p. 34.

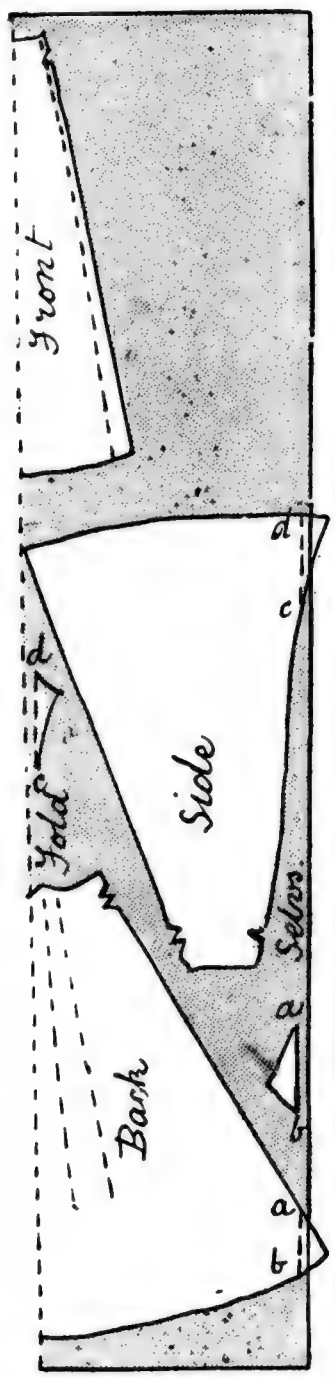


DIAGRAM OF FREE SKIRT PATTERN.

As a suitable type of coat to accompany this skirt I would suggest the beautiful sacque coat dealt with in the "Dressmaking for Home Workers" on page 29.

There is a box-pleat at the back of the skirt, and the front pleats (a development of the lapped tablier seams) simulate a front box-pleat. The edge is decorated with a series of crossed straps of braid or cloth.

The pattern is in three pieces (half the skirt): half the back, one side, half the pleated front. Pleats are wheelmarked on the pattern, the front pleats being a development of the lap given on the tablier for the seam. The other seams (two-notch and back seams) are not lapped. The diagram shows the pattern pieces laid on 2 yards 24 inches of 48-inch tweed or cloth, which is doubled in half (selvedges meeting), front and back centres laid on the fold, so that each is cut in a single piece. There is enough material on the cross in the "waste" for the strapping if the same material is used (as it would be in the case of cloth).

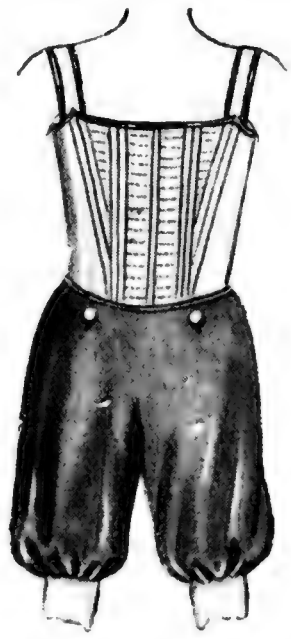
Tack together the four breadths according to the notches, leaving the opening in the left single notch seam. Arrange the pleats, and try on. Stitch and press the seams.

NOVEL TAILOR FOUR-GORE SKIRT.

For Description see this Page.

THE PAPER PATTERN OF THIS SKIRT IS GIVEN AWAY WITH THIS NUMBER.

Stitch on the straps. Line with moirette or linenette; turn up and fell the hem. Rearrange the pleats and sew down. Bind the top, and fell the lining over the stitched edges. Close with hooks and eyes. The pocket can be inserted in the right front pleat (single notch seam). If preferred, the skirt can be unlined, worn over a moirette foundation skirt.



SERGE KNICKERBOCKERS FOR A LITTLE GIRL.

For Description see this Page.

THE CUT-OUT PAPER PATTERN OF THESE KNICKERS IS PRESENTED FREE WITH THIS NUMBER.

SERGE KNICKERBOCKERS FOR A LITTLE GIRL.

All little girls wear serge or cloth knickerbockers under their day frocks instead of petticoats, unless they are in "gala" dress. The knickerbockers should be of a dark shade, and should match the stockings.

This is a simple garment to make, and takes very little material. The pattern, cut for a girl of seven or eight, is in one-piece—

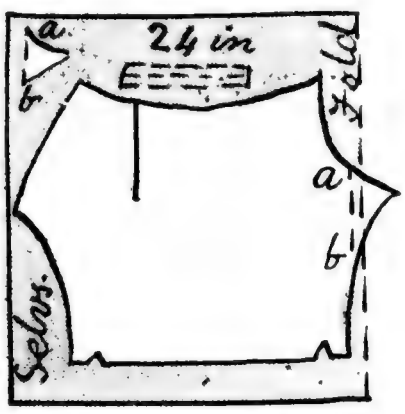
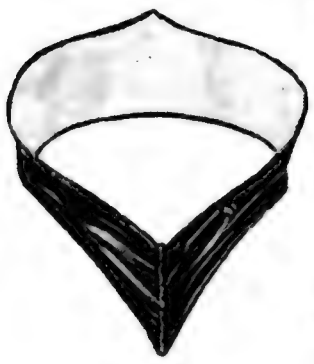


DIAGRAM OF KNICKERS PATTERN.

half the knickerbockers. The diagram shows the pattern laid on 1 yard of 42-48-inch serge, which is folded in half (selvedges meeting), so that the pattern is cut in duplicate. Unless very wide serge is bought (54-56-inch) added corners must be seamed on at *a b*.

Reigate.—"I beg to state that your patterns and book are a great help to me and to my trade generally."—E M Poole.

The knickers are slit for the side openings, the openings being lined and stitched as well as the top (sides and front). Buttonholes are made in the top to fasten on to buttons sewn on front and sides of the stays. The back flap is gathered into a doubled serge band (marked out on the pattern) which is 6-7 inches long (according to the girth of the child), 2 inches wide (without turning). In this band the buttonholes are made, which fasten on to buttons sewn on the lined top of the knickers. The legs are hemmed, and are run with elastic to gather the material to the child's leg above or below the knee, according to the length of the skirt.



THE NEW BELT.
(For description see this page.)
THE PAPER PATTERN OF THIS BELT IS GIVEN FREE WITH THIS NUMBER.

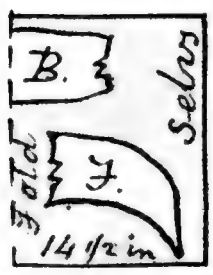


DIAGRAM OF BELT PATTERN.

THE NEW BELT.

This is the latest shape of belt, high at the back and very low in front, where it descends to form the deep peak which is now so much admired. It can be of plain cloth or satin, lined or boned, decorated with strappings, braiding, &c., or this pattern can be used for a stiff lining, on which is draped pleated satin, silk, &c. (as illustrated).

The pattern is in two pieces—half the back, one front. The belt hooks edge to edge in front. Cut in tailor canvas or firm linen. The diagram shows the pattern pieces laid on ½ yard of 29-inch linen, folded in half (selvedges meeting), the back centre of back pattern laid along the fold, so that it is cut in one piece, the front being cut in duplicate. According to the size of waist, a slight addition or removal must be made to the double-notch edges. The lining should be seamed, fastened, and tried on before decorating, as the shaped side seam enables the fitter to make the belt beautifully taut.

The belt should be boned at back, sides, and fronts. The satin (which must be quite 9 inches deep, *on the cross*) is draped and stretched on the shaped and boned lining, finishing down the fronts with little frilled headings, which conceal the hooks and eyes. ¾ yard of 22-24-inch satin, *cut on the cross*, would make the belt for an average figure.

A SMART GAUGED AND PLEATED BLOUSE.

This is an original and really elegant design, suitable for various silks, fine cashmere, and ornamental flannels. It looks well in satin taffetas in a royal blue shade printed with large white ovals, and is a lovely model for plain Viyella. The novelty of the design consists in the graceful combination of gathers and box-pleats. The box-pleats of front are wheelmarked and slit on the pattern. The lines of gauging for back and front are also wheelmarked. The blouse is unlined, except the gauged parts: front yoke, back yoke. The pattern is in six pieces—the right front (cut with central box-pleat), half the back, one gigot sleeve, half the collar, front yoke in lining, half the back yoke in lining. The back view of blouse is shown on p. 34.

The diagram shows the four pattern pieces of the blouse itself laid on 3 yards of 48-inch fine soft cashmere, which is opened out beneath the right front pattern. Above, the single material is folded (selvedges meeting), the back centre of back pattern laid along the fold, so that it is cut in one piece, the other piece being cut in duplicate. A space is marked out for the left front, for the lacking half of the collar pattern, also for the added corners of sleeve (seamed up the selvedges at *a b*), the half width of material being too narrow to take the sleeves entire.

Stitch and press the shoulder seams. Tack together fronts and back of yoke, and try on before seaming it, as here lies the fit. Gather the fronts and back, according to the wheelmarks, and secure the rows of gauging on the seamed front and back yoke, afterwards arranging the box-pleats. A fold of the material simulates a kind of pleat decoration at the back (continuing apparently the front box-pleats). Tack the side seams. Try on, stitch and press the seams.

Hem the front edges, make worked eyelet holes down the left front, and sew small hooks beneath the right front's central pleat. Hem the basques. Seam the gigot sleeve, and finish with a strap (simulating a cuff). Gather the top into the armhole. Stitch in the sleeve, overcast the seams. Tuck the collar to the pattern, line it with silk, and sew it to the blouse neck, felling the lining over the seam. The collar closes with hooks and eyes. The straps are lined bands of cashmere decorated with small metal buttons.

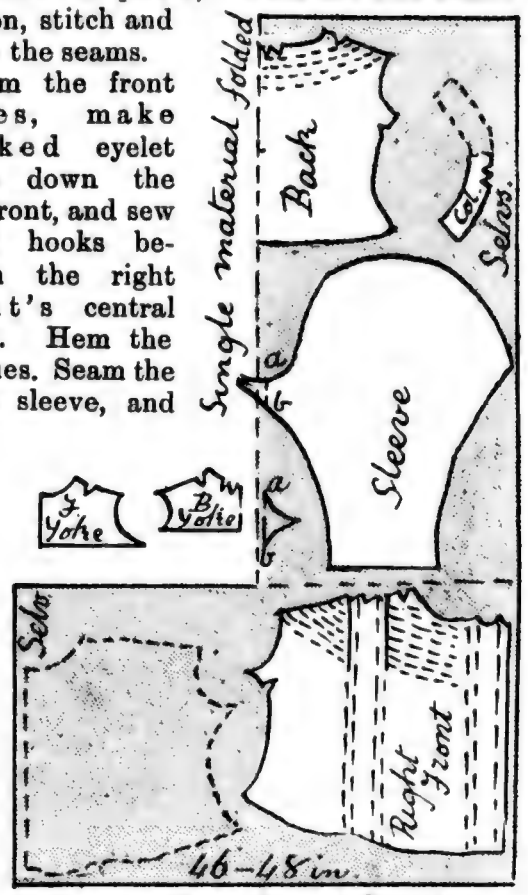


DIAGRAM OF FREE BLOUSE PATTERN.

If this blouse is wanted for dressy or semi-evening wear, it could be carried out in dainty silk muslin or double-width crêpe de chine, the yoke unlined, but shaped to pattern of lining yoke.

A SMART GAUGED AND PLEATED BLOUSE.
For Description see this Page.
THE CUT-OUT PAPER PATTERN OF THIS BLOUSE IS GIVEN AWAY WITH THIS NUMBER.

MYRA'S PAPER PATTERNS.

The excellent series of Free Patterns presented with this number can be largely supplemented by those presented with the October number, which included a beautiful three-gore skirt, a very smart pelisse for a little girl, a beautiful coffee jacket, and a pretty bolero coat. Great attention is paid in both numbers to the new coats, which are on the whole, the chief feature of the winter styles, as they are very varied in type and are carried out in materials of great beauty. Children's frocks will be found illustrated in the October number, and many beautiful blouses, evening gowns, &c.

I have only just seen 'Myra's Journal,' and like it so much that I shall continue to take it."—M. Lake, Halliford St., Islington.

No. 5648 No. 5649 No. 5650 No. 5651 No. 5652

THE WINTER COATS, LONG AND SHORT

For Descriptions see Pages 30 to

Price of Paper Patterns, Long Coats and Pleated Skirts, each 1s. 0½*d.; Skirts, Foundation Skirts, or Sh*

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ND SHORT, AND SUITABLE SKIRTS.

s see Pages 30 *to* 34.

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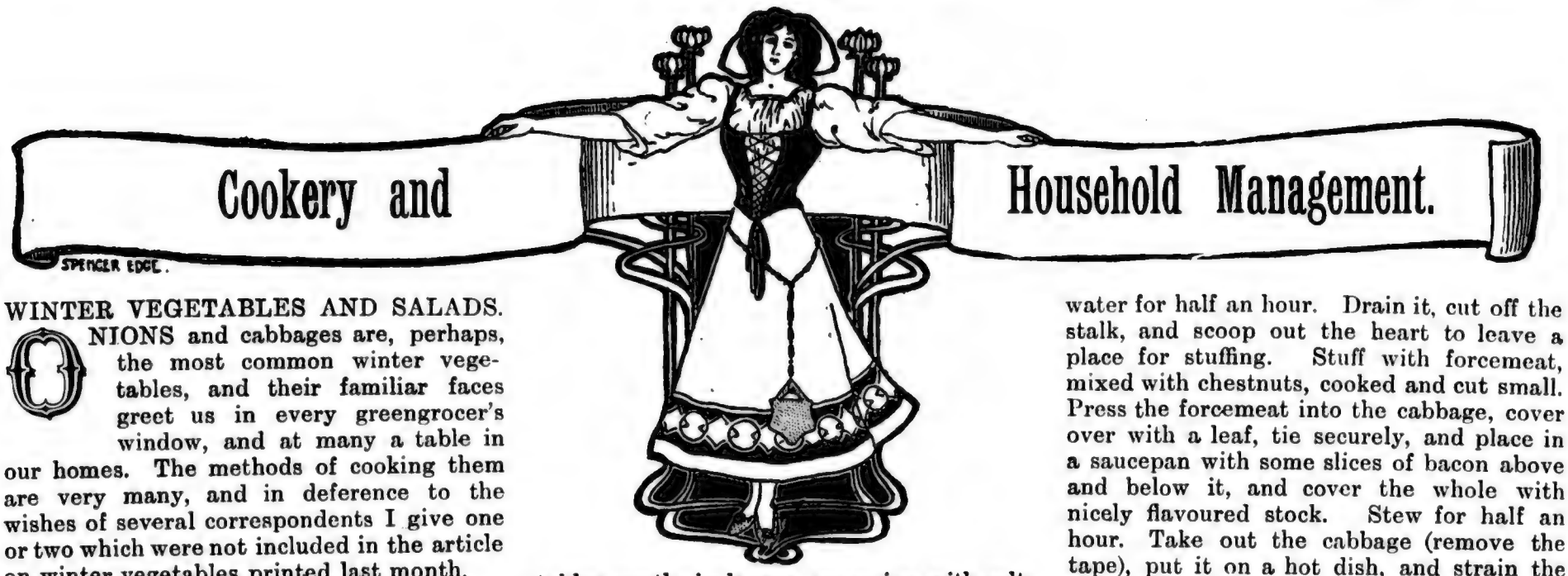


WINTER VEGETABLES AND SALADS.

ONIONS and cabbages are, perhaps, the most common winter vegetables, and their familiar faces greet us in every greengrocer's window, and at many a table in our homes. The methods of cooking them are very many, and in deference to the wishes of several correspondents I give one or two which were not included in the article on winter vegetables printed last month.

TO STEW ONIONS.

Peel and trim them, blanch them in boiling water for a few minutes, drain them, place them in a saucepan, in one layer, side by side (not above each other); sprinkle salt and pepper, and add a piece of butter to each, and a very little "dust" of powdered sugar; place them on a gentle fire until lightly browned, then simmer them until tender, and serve very hot on rounds of toast, with good gravy or tomato sauce poured round them.

TO STEW RED CABBAGE.

These should not be used until the first frosts have bitten them; then they are in prime condition. After removing the outer leaves slice the cabbage right through very finely. The result will be ribbon-like strands, which must be placed on a large dish with a layer of salt all over them, for 24 hours. After that melt 2oz. or so of good beef dripping in a saucepan, put the cabbage upon it, and cover with a little vinegar and a cupful of good stock. When quite tender add pepper and salt; if necessary drain well, and use as an accompaniment to a dish of sausages. This is a very homely, but very nice dish for supper.

White cabbages, savoys, and brussels sprouts all require rapid boiling in salted water in an open saucepan—15 minutes for cabbages, 30 to 35 minutes for savoys, and 10 for sprouts. They must be drained the moment they are cooked, as they will lose their colour and become most unpleasantly strong if left in the water.

A VEGETABLE PIE.

This has more variety in it, and well repays the housewife who essays to make it. I give the large proportions used in days when a vegetable pie was a pièce de résistance. They may be reduced at will, according to the number of people who are to partake of the savoury pie, or its position in the menu.

A few heads of celery, neatly cut, cauliflowers broken in neat pieces, white cabbage cut into small quantities, a few small onions and potatoes peeled, and some white endive. Boil these separately in milk and water, drain them, and keep them hot. Make a pie of "standing crust," fill it with raw rice to support it, place a lid on, and bake until it will stand, but not till it is fully cooked. Take off the lid, and lay the vegetables neatly in layers, seasoning with salt, cayenne, and powdered mace. Replace the lid, bake the pie half an hour more, taking care not to burn it. Have ready some good white sauce, remove the lid, pour the sauce over the vegetables, and serve without the lid.

TO MAKE AN ONION PIE.

A luxurious old recipe gives 1lb onions, 1lb potatoes, 1lb apples, and a dozen eggs; but smaller quantities may be used, if the proportions are kept carefully.

The apples, onions, and potatoes must be washed, peeled, and sliced. Then a piedish, lined with pastry, must have a good layer of butter, ¼lb being used, all over the paste, and a seasoning (a nutmeg grated, ¼oz of finely powdered mace, a teaspoonful of crushed pepper, and 3 teaspoonfuls of salt, well mixed together) strewed over it. Then layer upon layer of potatoes, onions, apples, and hard boiled egg in slices must be placed alternately until the dish is full, sprinkling seasoning on each layer, and ¼lb of butter in very small pieces, and six spoonfuls of water. Cover with pastry, and bake 1½ hours.

RAGOUT OF ONIONS.

(From a very old cookery book.)

1 pint of small onions, 4 large onions, peeled and cut very small. Melt ¼lb butter in a stewpan, and when it hath done making a noise and is well melted, throw in the onions and fry them till they look a little brown. Then shake in a little flour, and shake them round until they are thick. Throw in a little salt, a little beaten pepper, ½ pint of good gravy, and a teaspoonful of mustard. Stir all together, and when it is well basted and of a good thickness pour it into a dish and garnish with fried crumbs of bread. Raspings may be used instead of flour, if liked.

STUFFED ONIONS.

Peel and trim neatly four or five Spanish onions, scoop out the centres, making a hole quite 1½ inches across. Put in each one a mutton kidney, and place the onions side by side in a saucepan. Sprinkle a little salt and pepper over them, and pour over them half a pint of good gravy. Place the pan over a gentle fire and simmer till the onions are tender, which will be in about two hours. Serve very hot.

STUFFED CABBAGE.

Wash a good-sized and firm cabbage thoroughly, and let it soak in vinegar and water for half an hour. Drain it, cut off the stalk, and scoop out the heart to leave a place for stuffing. Stuff with forcemeat, mixed with chestnuts, cooked and cut small. Press the forcemeat into the cabbage, cover over with a leaf, tie securely, and place in a saucepan with some slices of bacon above and below it, and cover the whole with nicely flavoured stock. Stew for half an hour. Take out the cabbage (remove the tape), put it on a hot dish, and strain the gravy over. There will be enough for three or four persons, and the dish will cost under one shilling.

WINTER SALAD.

Have two lettuces, wash them thoroughly and take off the outer leaves; do the same with half an endive. Peel and slice a small boiled beetroot; wash a little mustard and cress, carefully cutting off their stalks. Mix together, and serve with mayonnaise dressing.

A RED CABBAGE SALAD.

Shred together a red cabbage and two heads of celery, using the best parts only of both. Toss them up with oil and vinegar, or salad sauce, or mayonnaise dressing. Garnish with tufts of celery, and serve.

HERRING SALAD.

Soak two pickled herrings in milk for an hour to remove the salt. Bone them, and tear the flesh into flakes. Mix with them twelve cold boiled potatoes, cut into slices, and a little very finely-cut mince. Cold meat, some apples, and boiled beetroot may be added, and the only moisture should be a French dressing of oil and vinegar. The dressing should be added at the last moment, just before the salad is served.

CRUST FOR RAISED PIES.

Melt ¼lb butter and ¼lb lard in half a pint of hot water. Put 2lb of flour into a basin, and when the butter and lard are melted in the water pour them into the flour, stirring all the time. Work the mixture with the hands to a stiff paste, and in order to keep it soft put the portion which is not being kneaded upon a plate over a saucepan of hot water. Mould the pies with the hands into whatever shape is desired.

MAYONNAISE DRESSING.

Put the yolks of two raw eggs into a basin, add a pinch of salt, half a saltspoonful of white pepper, half a teaspoonful of dry French mustard, and the same quantity of English mustard, also dry, and a tiny pinch of cayenne. Work these together, then add, drop by drop, 3 gills of olive oil. Work until quite thick, then add half a spoonful of lemon juice and two dessertspoonfuls of vinegar, drop by drop. If the sauce curdles, beat up another yolk, and add the curdled sauce to it, little by little. Mayonnaise must be made in a very cold basin, in a very cool place, and kept as cold as possible until wanted.

LETITIA HOPE.

(*For Answers to Correspondents, see page 42.*)

Miss S. B. writes:—"I have found the competitions very interesting, and am more than delighted with my prize."

No. 5657 No. 5658 No. 5659

THREE TYPICAL TEA GOWNS.

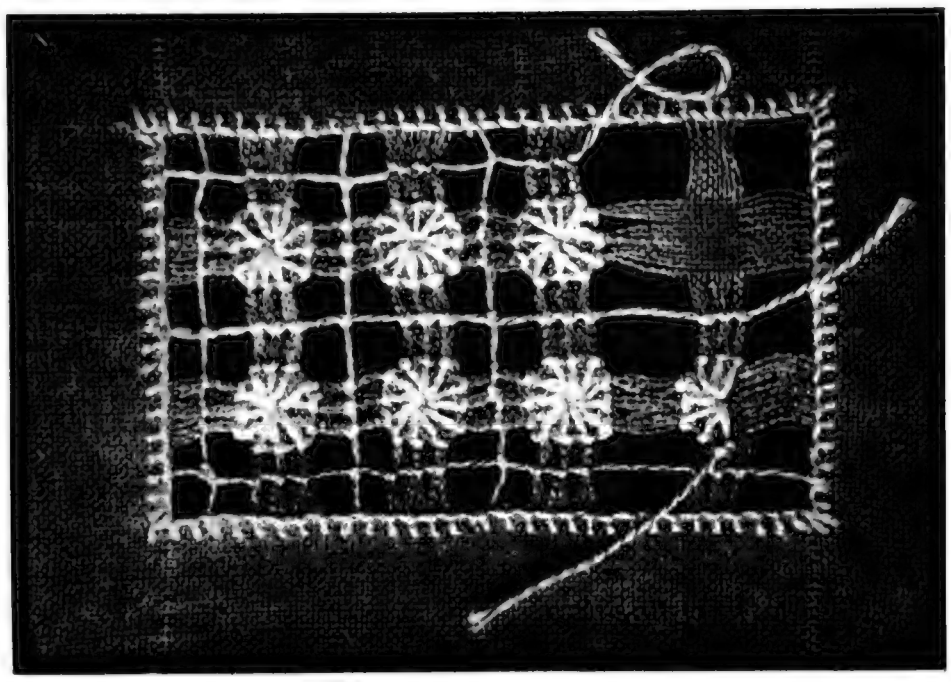
For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Empire Gown, 2s. 0½d.; Polonaise, 1s. 0½d.; Skirts, Foundation Skirts, or Bodices, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

Drawn Work in Peri-Lusta Thread.

FOR table centres there is nothing more effective than white canvas, embroidered down the centre with a handsome floral and other pattern in Peri Lusta Threads of suitable colours, the edges decorated all round with a 2-inch (or thereabouts) border of drawn work, executed with Peri Lusta Crochet Yarn. For the central embroidery I suggest reference to the charming design worked in green, blue, and pink Peri Lusta Embroidery Thread, which will be found on page 45 of "The Peri Lusta Handbook," which can be bought for sixpence at any Berlin wool shop or at the fancy departments of drapers.

The Drawn Thread work, illustrated on this page, shows the charming "daisy" pattern which is so simple and yet so highly effective. The number of threads drawn are clearly shown, and the simple design—very quickly executed—explains itself.



Daisy Pattern worked in Peri-Lusta Crochet Yarn (Shade C. 43).

This is a capital design for the novice who wants to turn out handsome drawn work but who is not skilled enough to work finely on thin linen, muslin, &c. The coarse threads of this canvas are easily counted and drawn, while the simple stitches require no great skill for adequate execution.

The same design can be worked more finely on linen or silk for a tea-cloth, a dress collar, &c.

Of course, the border must be buttonhole-stitched all round to prevent the texture "slipping." The design can be a continuos design for a border, or it can be worked in blocks (as illustrated) for an inner decoration.

Women and girls are now so occupied with preparing pretty presents of their own handiwork for the approaching Christmas, that they will be delighted for hints on new designs in drawn work and embroidery for various articles of table linen or personal wear. They cannot do better than order at once the sixpenny "Peri Lusta Handbook," already referred to, which is a veritable guide to art and fancy needlework.

Wonderfully effective crochet work can be executed with the Peri Lusta Crochet Yarns, or with the Peri Lusta Embroidery Threads, these last being excellent for knitting gentlemen's ties or waistcoats. A lace of Peri Lusta Crochet is very handsome round a drawn-work teacloth, of which the drawn decoration has been worked with Peri Lusta Crochet Yarn.

The Peri Lusta Embroidery Threads are an efficient substitute for the best embroidery silks, and are considerably cheaper.

"PERI-LUSTA" FOR EMBROIDERY

THESE CELEBRATED THREADS ARE UNRIVALLED
FOR ALL CLASSES OF FANCY WORK.

Their Brilliance & Silkiness Render Them
EQUAL TO SILK AT THE COST OF COTTON.

THE VARIETY OF ARTISTIC SHADINGS IN WHICH "PERI-LUSTA" THREADS ARE MADE PERMITS OF THE HIGHEST DISPLAY OF TASTE IN COLOURED DESIGNS ETC.

Ladies interested in Fancy Work should at once secure a copy of the
"PERI-LUSTA" HANDBOOK, PRICE 6d
By Mrs HUMPHRY, "MADGE" of "TRUTH"
WHICH IS OBTAINABLE FROM ALL WOOL DEALERS AND FANCY DRAPERS WHO ALSO STOCK THE THREADS.

There are many inferior imitations and the Patentees advise every lady to look for the trade name "PERI-LUSTA".

B&A.

Prize Recipes and Household Hints.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address," must not expect to gain prizes.

PRIZE COOKERY RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following Cookery Hints:—

A Very Good Savoury.—Celery Creams.—Six milk biscuits, ¼ pint cream, salt, cayenne, celery. Cut the celery into inch lengths, then shred lengthwise as finely as possible, and let it lie in ice water for an hour or two, when it should have curled up. Whip this cream until quite stiff, and season rather highly with salt and cayenne. Add the shredded celery and pile in pyramid shape on milk biscuits, and garnish with little bits of celery tops.—Miss Amy Carter, 25, Park Drive, Harrogate.

A New Zealand Recipe for Bottling Fruit.—This is a much quicker way than putting the bottles in a copper. Boil 3lb of loaf sugar and 3 gallons of water together. Let them cool, and add 1oz of salicylic acid. Mix well, and when quite cold, pour over the fruit which has been put ready in wide-mouthed bottles. Tie down with stout parchment, as for jam, and keep in a cool place.—Miss Bedford, 12, Priory Crescent, Lewes.

Pickled Eggs.—Very useful for storing—to add to salad, hashes, &c. Sixteen eggs, 1 quart vinegar, ½oz ginger, ½oz black pepper, ½oz Jamaica pepper. Boil the eggs for 12 minutes; dip them in cold water and remove the shells. Put the pepper and ginger with the vinegar in a saucepan and simmer for 10 minutes. Put the eggs in a jar; pour the vinegar over them while boiling hot. When cold, tie down with bladder. They will be ready for use in a month.—Mrs. Mordaunt, 42, Winchester Avenue, Brondesbury, N.

Portuguese Herb Soup.—Brown a large Spanish onion and two or three raw tomatoes in a little hot fat. Add as much hot water as you require soup. Tie up a few sprigs of common thyme and knotted marjoram, and throw them into the soup, with pepper and salt to taste. Break up some pieces of bread into a tureen (not quite half full), and grate some cheese over the bread. Pour the soup over it, take out the herbs, and sift some more grated cheese on the top. Cover up the tureen for a few minutes while the bread is soaking, and then serve. This delicious soup is very quickly made; ten minutes' boiling will suffice to flavour it beautifully. It must be served very hot. — Miss Murray, 64, Delaware Mansions, Maida Vale, W.

SOME RECIPES COMMENDED AND RECOMMENDED.

Meat Sausage.—Mince 1lb steak and ½lb bacon. Mix with 6oz breadcrumbs, salt and pepper to taste, a little grated nutmeg, and 1 beaten egg. Boil in a floured clote for 2½ hours, leave in water till cold. Glaze and decorate with hard-boiled eggs and parsley.

Glaze for Sausage.—Mix ½oz gelatine in half-teaspoonful of Armour's meat extract and half-teacupful of stock. Bring to boiling point and brush over sausage.—Scotland.

A Nice Way of Using up the End of Cold Salt Beef.—Take the piece of salt beef and mince it up very fine; add a little good stock, enough to make it damp, *not* wet, add salt, pepper, and a little Worcester sauce. Work all well together, heat it well through, and put into small glass dishes (old ones that have had potted meat in do well) and when cold serve with parsley round. They make very nice potted meat for lunch or sandwiches.—Teignmouth.

Beef Shape (for quart mould).—2lb shin of beef. Put it on to boil as for beef tea with 1 quart of water. When well cooked cut the beef into dice and put into a wetted mould with 3 hard boiled eggs cut in slices, pepper, salt, and a little finely chopped parsley. Pour on to it its own liquor. When cold, turn out and serve.—Rochester.

Russian Cream.—Soak ½oz of gelatine in half a cupful of cold water for half an hour, then add a cupful and a half of sugar, a pint of boiling water, half a cupful of orange juice, and two tablespoonfuls of lemon juice. Strain and stand aside until cool and partly congealed, then with an egg-beater beat to a stiff froth and turn into a mould, and set aside to harden. This may be separated and coloured differently, and put in the mould in layers.—Darlington.

Blackberry Vinegar.—Six quarts ripe blackberries in two lots, two quarts best brown vinegar, 1lb of preserving sugar to every pint of juice. Take 3 quarts of the fruit, crush them slightly in a bowl, and pour over them the vinegar. Let them stand twenty-four hours and strain through a jelly bag, pressing well. Put the other 3 quarts of blackberries into the vinegar and let stand another twenty-four hours. Strain as before, measure the juice, and add sugar according to it. Pour into a large jar, which stands in a pan of boiling water, and boil the juice quickly for one hour. Skim and bottle when cold. This makes an excellent drink.

Sardine Fritters.—Have a little batter, bone the sardines, dust with salt and a little cayenne; dip into the batter and fry in boiling fat till a golden brown. Flaked smoked salmon or boned anchovies are also nice as fritters.—Lutterworth.

A Good Gingerbread.—12oz flour, 3oz butter, 4oz sugar, 8oz treacle, ½oz ginger, ½ teaspoonful carbonate of soda, 1 egg, and 1 gill of milk. Warm the milk and dissolve the soda in it, after all the other ingredients have been mixed together. Add the milk and soda last, and bake immediately for three-quarters of an hour.—Reculver.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST HOUSEHOLD HINTS.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following Household Hints:—

A Valuable Hint for Town Dwellers.—To procure clean and clear rain water take a canvas bag and partly fill it with clean gravel. Fasten this over the nozzle of the rain water pipe, so that the water passes through the gravel before passing into the water barrel. The gravel will act as an excellent filter.—Miss A. Groom, Reculver, Herne Bay, Kent.

A Sure Way to Keep Shoe-laces Tied.—Tie the lace in the ordinary bow, then insert a button-hook underneath the centre of the bow, and draw one loop and one end through, thus turning the bow practically upside down. This plan never fails.—Miss M. Cooper, Beaconsfield House, Rochester.

Two Useful Hints.—(1) Use warm beer for polishing oak furniture. Rub a little over the furniture and polish as usual. (2) Home-made pickles often turn mouldy owing to bad vinegar. This may be averted by placing a small piece of horseradish in the top of each jar or bottle.—Miss Dorothy Timms, Gaydon Fields, Kineton, Warwick.

Some Store Room Hints.—(1) Keep salt in a dry place; (2) Keep yeast in wood or glass; (3) Keep fresh lard in tin vessels; (4) Keep preserves and jellies in glass; (5) Keep flour and meal in a cool, dry place; (6) Keep vinegar in glass, stoneware, or wood; (7) Keep bread crumbs in an earthenware jar, closely covered.—Miss Madeline Dalgielt. Rosslyn Villas, Clepington Road, Dundee, N.B.

HOME HINTS COMMENDED AND RECOMMENDED.

To Clean White Furs.—Place one or two ounces of common household flour in an oven until it is as hot as it can be without changing colour. Sprinkle the hot flour over the fur and work it carefully into it with a clean linen cloth. Leave the fur with the flour in it for an hour. Then beat it in the open air till the flour is all gone, and brush the fur with a clean brush.—Cirencester.

To Prevent Jam Moulding.—Pour a few drops of pure glycerine on the top of each jar before covering. This is a certain preventive.—Londonderry.

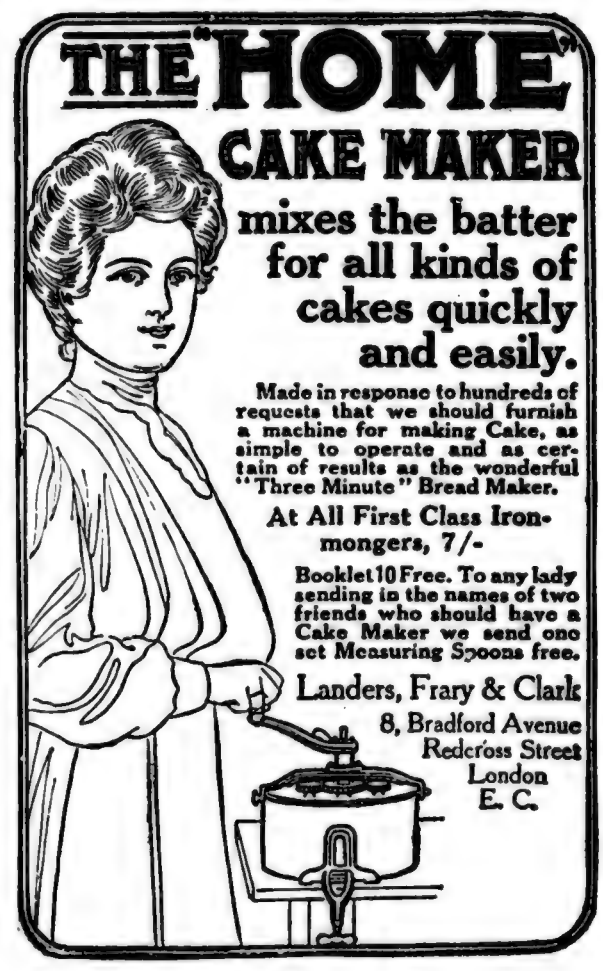
To Make a Candle Burn All Night.—When, as in the case of sickness, a dull light is needed, put finely-powdered salt on the candle until it reaches the black part of the wick. In this way a mild and steady light may be kept through the night with a small piece of candle.—Ipswich.

To Clean a Mackintosh.—Spread the cloak out on a deal table and go over it carefully with a small scrubbing brush and some soap moistened with rain water. Rinse thoroughly in clear cold water and hang out on a line in the shade to dry. Any stains which will not yield to soap and water will be easily removed by rubbing them with a little ammonia.—Manchester.

A Use for Broken Incandescent Mantles.—Economical housekeepers will find it is worth while to save broken incandescent mantles. They answer admirably for cleaning silver, especially for deeply embossed articles. Reduce the mantles to powder and apply briskly with a small brush, using plenty of powder. Polish with a leather.—Lewes.

Two Kitchen Hints.—(1) If the hands are stained after cutting up vegetables, rub them before washing with a raw potato cut in half. (2) After peeling onions, rub the hands with a piece of celery. This will remove the odour.—Darlington.

(*For particulars of another Competition, see page 39.*)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CAKE MAKER
mixes the batter for all kinds of cakes quickly and easily.
Made in response to hundreds of requests that we should furnish a machine for making Cake, as simple to operate and as certain of results as the wonderful "Three Minute" Bread Maker.
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Booklet 10 Free. To any lady sending in the names of two friends who should have a Cake Maker we send one set Measuring Spoons free.
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"I have made my first coat and skirt from your free patterns of this month, and I am very pleased indeed with them."—D.

Practical Dressmaking for Home Workers

AN ORIGINAL KIMONA DRESSING GOWN.

A COMFORTABLE and becoming type of gown, this model is smartly trimmed with a hem-fold of white silk, and, what is very original and attractive, with the monogram of the wearer embroidered in white silk on the collar.

The pattern is in four pieces: one back, one double-breasted front, one sleeve, half the collar. The diagram shows the pattern pieces laid on 6¼ yards of 46-inch Wedgwood-blue cashmere, which is opened out and is doubled, so that each piece is cut in duplicate. If there is a special "up-and-down" in the fabric (as there is in very glossy cashmeres) do not fold the material, but cut it and lay the two breadths face to face, the direction of texture coinciding in both. The collar, as arranged in the diagram, has a seam at the back to save material, but of course a seam here is a disfigurement. If the material has no special pattern or texture, the collar could be cut in one piece by putting the fold of the doubled material at the top (above front pattern) and laying the back centre along that fold.

Tack together backs and fronts and try on. Stitch and press the seams. The gown looks best (in cashmere) if lined with a light material like mercerised sateen or batiste (white). The sleeve would be lined near the edge with the same white glacé which forms the bias band edging collar, right front and sleeves. The gown fastens with a few patent hooks and worked loops, or with buttons and buttonholes (made in a lined white silk band stitched beneath the silk hem). The batiste lining is seamed apart, so that the inside of the wrapper is perfectly neat. The monogram is worked in white silk, the design thickly traced beneath the satin stitch so that the embroidery is well raised.

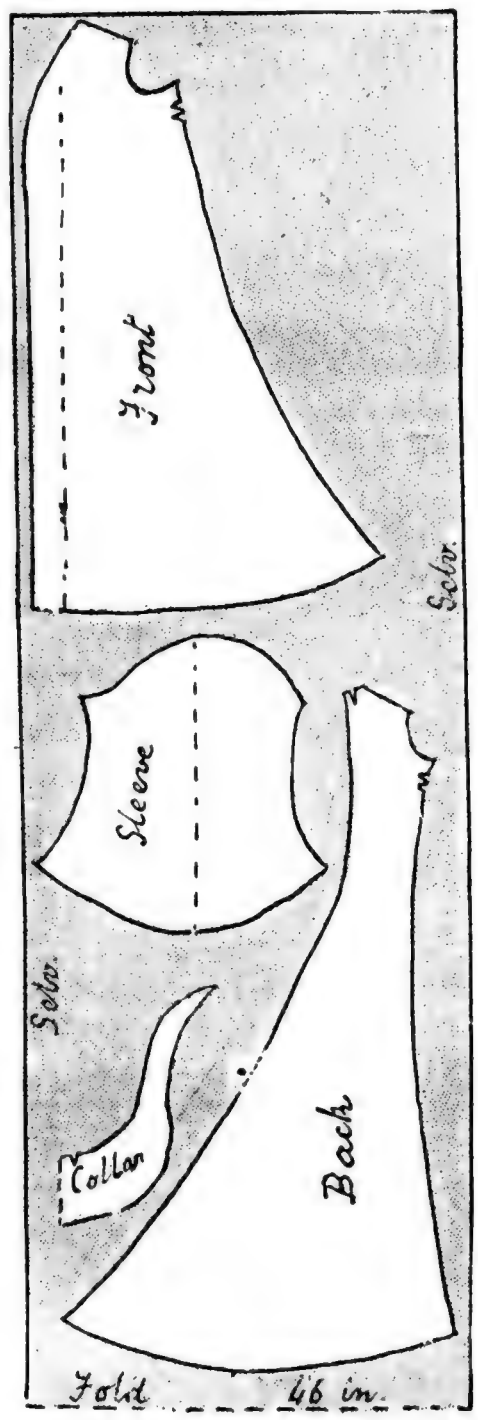

Diagram of Dressing Gown Pattern.

No. 5660. Novel Kimona Dressing Gown.

For Description see this Page.

Price of Papir Pattern 1s. 0½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

SMART COAT FOR DAY OR EVENING WEAR.

In one of the soft pale new cloths this elegant coat suffices equally well for day or evening wear, lined with satin, white, or of the same pale shade as the cloth, and trimmed with inch-wide silk braid of the coat colour or white. A narrower braid helps to decorate the fronts. For a general travelling or morning wrap, it could be made of the smart new blanket cloth, unlined, except for the front facing and cuff, trimmed with braid or stitched straps of face cloth. The fronts close over right or left with braid brandenburghs and round buttons.

The pattern is in five pieces: one double-breasted front, one side, half the back, one sleeve (pleated into the cuff, the pleats wheel-marked on the pattern), one cuff.

The diagram shows the pattern laid on 4 yards of 54-56-inch material, which is opened out, and is double beneath front, sleeve, cuff, and side patterns, so that each is cut in duplicate. A space is marked out for the front facing, which is cut on the coat pattern. Above, the single material is folded over to take the back, the back centre laid along the fold so that it is cut in one piece. The coat is cut circular enough to flute handsomely from the arm-pit downwards.

Tack together fronts, sides, and back according to the notches, and try on. Stitch and press the seams. Braid fronts, neck and back seams. Interline fronts and lower edge with leno, and herringbone over it the turned edge of the coat. Face fronts with the material; seam them to the front and lower edge inside out, then reverse in place and iron down flat. Sew on the narrow braid loops and metal buttons.

Cut a silk lining on coat pattern. Seam and press it. Then tack it in place and fell the outer edges over the turnings and facings of coat.

Seam the sleeve. Stitch down the pleats, wheelmarked on pattern. Seam, press, and tack in the lining. Arrange the sleeve into the lined and stiffened cuff, which has been seamed and braided. Gather the sleeve into the armhole on the wearer. Stitch in the sleeve and fell the coat lining over the seam. Braid the seam outside, making it the continuation of the back seam decoration, which ceases on the sleeve in a "key" pattern in front.

For a dressy coat I strongly recommend the white and pale cloths of Best's Dress Goods Company (Bradford). Their white cloths are lovely, and so inexpensive.

A PLEATED BLOUSE OF WHITE VIYELLA.

The pattern is in six pieces: half the box-pleated back, the right box-pleated front (cut with a central box-pleat), one gigot sleeve, one strap cuff, half the basque, half the band collar. No pattern is given for the two straps, which are lined bands of material rounded off at the buttonhole end,

"Mrs. H. begs to say that the bodice pattern is the greatest possible success. Mrs. H. finds that by Myra's help she can make smart blouses as well as her London Dressmaker."

the other end being secured beneath a box-pleat on the right. Pleats are wheelmarked on the front and back patterns.

The diagram shows the pattern pieces laid on 4½ yards of 31-inch Viyella, which is opened out and is double beneath the front, basque, sleeve, cuff, and collar pieces, so that each is cut in duplicate. The duplicate of the collar serves for a lining. The left front is cut without the central box-pleat.

Arrange the box-pleats. Tack together back and fronts, and try on. Secure the pleats by stitching together the inside edges of the box pleats, so that they are held in place without being visibly stitched down. Make buttonholes down the central box-pleat; hem the left front, and sew down the hem round pearl buttons. Put on the straps and buttons. Gather the lower edge into the seamed and hemmed basque. The lined collar, which closes with hooks and eyes, is seamed on the blouse, and the lining is felled over the seam. A French collar of batiste and a stock tie of broad ribbon make a pretty finish.

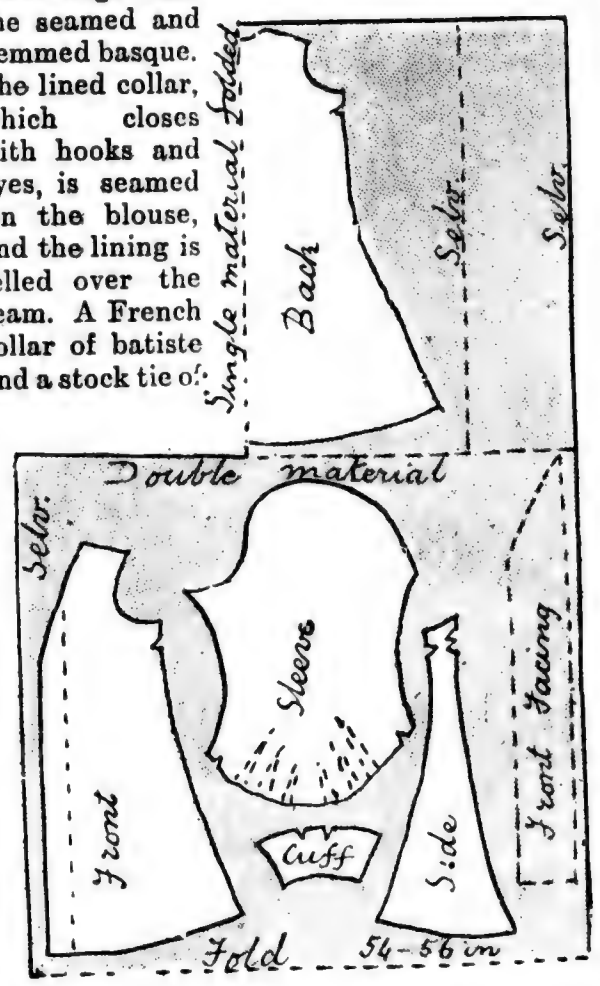

DIAGRAM OF COAT PATTERN.

Seam and hem the gigot sleeve. Line the cuff, and fell it in place, securing the free rounded ends with a pearl button. Gather the top of the sleeve into the armhole; stitch the seam and bind it.

No. 5661. A BOX-PLEATED BLOUSE OF VIYELLA.
For Description see Page 28.
Price of Paper Pattern 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 5662. HANDSOME COAT SUITABLE FOR DAY OR EVENING WEAR.
For Description see Page 28.
Price of Paper Pattern, 1s. 0½d., *post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

FALLING HAIR.

The most intelligent man or woman will listen with interest to the experiences of the most unintelligent in respect of a cure for falling hair, and will readily believe that because such person's hair ceased falling out while using some preparation the cure was therefore the result of the application of the remedy. There is never any thought of investigating the claims of any remedy, or of discovering whether it is scientifically possible for it to do what it claims. Indeed, few are aware of the fact that the actual effect of any medicine on each and every part of the body is known, having been demonstrated by scientific experiments, so that it is recognised by those competent to judge that it is ridiculous for anyone to pretend to have a medicine, the action of which is undiscoverable.

Accuracy is required in these days in everything except medicine; the man who claims that he can make a motor-car travel at the rate of 40 miles an hour with a one-horse power engine is immediately asked to prove how it can be done, and must prove it on scientific lines; the amount of resistance, and the amount of force being accurately compared, and conclusions definitely drawn on paper before the practical test is made; but the man who claims that he has a remedy which will cure falling hair, or restore prematurely grey hair, is not even asked whether he knows why the hair falls out, what is the cause, nor whether his remedy has the power of removing the cause. There is a special germ, apparently which delights in making its home in the hair roots. There it multiples, and, unless it is checked and finally destroyed, it injures and eventually ruins those hair roots, which become soft, lax, and incapable of holding the hair. Naturally a cure for such a condition must be something which has been found scientifically to be capable of destroying those germs.

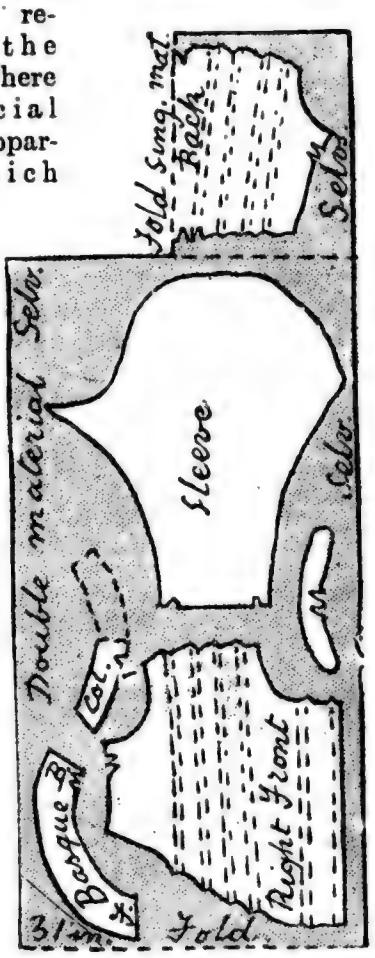

DIAGRAM OF BLOUSE PATTERN.

"Capsuloids," when taken internally, will bring about the death of the germs, and, consequently will remove the cause of the falling hair. Premature greyness, which is caused much in the same manner, can, therefore, be cured by similar means.

It must be a source of the greatest satisfaction to anyone whose hair is falling out to understand why it is falling, and how the falling can be stopped before beginning curative treatment. The booklet issued by the Capsuloid Company graphically describes the cause and method of curing falling hair and premature greyness. This booklet, which all women who value their long hair should read, is sent post free on application to the Capsuloid Company, Limited, 47, Holborn Viaduct, London, E.C.

"I have used 'Myra' for nearly nine years and find it the best of all dressmaking journals."—M. M.

Descriptions of the Illustrations.

Tucked Blouse of White Viyella.

No. 5617, **Page 6.** The pattern is in seven pieces—half the tucked back, the right tucked front cut with central box-pleat, half the basque, one sleeve, one cuff, half the band collar, half the turn-over collar. Pleat and tucks are wheel-marked on front and back patterns. Lay the pattern pieces on 3¾ yards of 31-inch material, which is doubled, so that front, sleeve, cuff, and basque patterns are cut in duplicate. The back centre of back pattern is laid on the fold. The left front, of course, is cut without the central box-pleat. Make the tucks and pleat, trimming pleat with frills of silk or the white Viyella. Tack together the back and fronts; try on. Make buttonholes down a doubled band mounted beneath the central front's double box-pleat, hem the left front, and sew the buttons down the hem. Seam the side seams (run-and-fell seams). Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly and hem the basque all round. The back edges of the basque can be seamed, or left open and hemmed. Band collar has buttonholes to hold the detachable collar of the blouse material, which is trimmed with silk frills. The frill-trimmed, stiffened and lined cuff is sewn on the gathered lower edge of the sleeve, which is seamed inside with a fell seam. Gather the sleeve into the armhole and bind the seam for neatness. Cuff closes with hooks and eyes. Belt of black ribbon. Smart tie to match.

Crossed Blouse of Cashmere, Trimmed with Broderie Anglaise.

No. 5618, **Page 6.** The pattern is in eight pieces—one tucked front (cut with the cross lap), the tucks wheelmarked on pattern, one full sleeve, one sleeve lining, half the tucked back, half the vest, one lower sleeve, half the collar, half the basque. Lay the pattern pieces for cashmere on 2 yards of 46-inch cashmere, which is folded in half (selvedges meeting), the back centre of back laid along the fold, so that it is cut in one piece, the other pieces being cut in duplicate. Collar and vest are of white silk material, tucked to flat pattern, matching the embroidered material. Make the tucks. Tack together back and fronts. Tack on the seamed basque. Try on. Sew the seams. Put on the fastenings, worked loops made down the left front, and small hooks sewn beneath the edge of right front. Tuck vest and collar. One of the new belts should be worn, of soft ribbon. Seam the sleeve and gather on the lining, arranging it into the embroidered and tucked lower sleeve (tucked to flat pattern). Arrange the sleeve into the armhole on the wearer, gathering the top into the shoulder of the blouse. Stitch the seam and overcast it. The chemisette (with its collar hooking at back) can be detachable.

Smart Blouse of Louis Chiffon Vel-Duvet.

No. 5619, **Page 6.** A full front and two full backs of Louis Chiffon Vel-Duvet, mounted into a three-piece yoke of tucked white satin (edged with lace insertion). The puff sleeve is of the Vel-Duvet, arranged on a lining. Close blouse with hooks and worked loops at back. The collar (tucked to flat pattern) is of satin. 24-inch Chiffon Vel-Duvet, 3¾ yards.

Tucked Blouse of Striped Grey and Plain White Viyella.

No. 5620, **Page 6.** The pattern is in eight pieces—half the tucked back, one tucked double-breasted front, half the basque, one sleeve, one lower sleeve, half the revers collar, half the vest, half the vest's collar. Vest and collar (detachable, hooking at back) are of lace. Tucks are wheel-marked on front and back patterns. Lay the pattern pieces on 3½ yards of 31-inch striped grey and white Viyella, which is doubled, so that front, sleeve, and basque patterns are cut in duplicate. Do not fold material if fancy Viyella be chosen with design non-reversible; cut it, and lay the two widths face to face, direction of design coinciding in both. Above, the single material is folded over, the back centre of back laid on the fold. Make the tucks. Tack together the back and fronts; try on. Stitch down the neck and fronts, facing right front with Viyella to support the buttonholes. Velvet or black pearl buttons. To support the buttons a square of tape or Viyella is felled beneath each on the wrong side of the Viyella. Stitch on the scalloped collar (of white Viyella, trimmed with small buttons). Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly, and hem the basque all round. The back edges of the basque can be seamed or left opened and hemmed. Seam the sleeve. The scalloped and buttoned lower sleeve (of the white material) is sewn on the gathered lower edge of sleeve, which is seamed inside with a fell-seam, left open for two inches and hemmed for an opening. The cuff closes with buttons and buttonholes. Arrange the sleeve into the armhole, and bind the seam for neatness.

No. 5663. Smart Redingote Costume.

For Description see Pages 30 to 34.

Price of Paper Patterns, Coat, 1s. 0½d; Skirt or Foundation Skirt, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

A Tucked Plaid Blouse.

No. 5621, **Page 6.** The pattern is in nine pieces—half the tucked back, the right tucked front, half the double front yoke (cut with central panel), half the back yoke, half the basque, one sleeve, one cuff band, half the band collar. Tucks are wheelmarked on front and back patterns. Lay the pattern pieces on the cross on 2½ yards of 46-inch woollen plaid, which is doubled, so that front, sleeve, cuff, and collar bands and basque patterns are cut in duplicate. Centres of back and yoke patterns are laid on the fold. Make the tucks. Tack together the back and fronts; tack together back and double right front of yoke, also a left front of yoke. Arrange the blouse into back and left front of yoke and into right front of yoke to the centre. The double yoke crosses to hook on left shoulder. Slit the yoke centre and work the slits, to admit the ends of tie. Close with hooks and eyes. Try on. Seam the seams (run and-fell seams). Arrange the lower edge into the two-piece basque. Try on again. Stitch the seam of junction neatly and hem the basque all round. The back edges of the basque can be seamed, or left open and hemmed. Band collar has buttonholes to hold the detachable hemstitched batiste collar. The cuff band is sewn on the gathered lower edge of the sleeve, which is seamed inside with a fell seam. Gather the sleeve into the armhole, and bind the seam for neatness. Cuff closes with hooks and eyes or buttons and buttonholes. Added batiste cuff. Belt of suède kid. Smart little tie. Single-width material is easily joined invisibly by making plaid stripes to meet. For plaid blousings send to Messrs. Samuel Lewis, The Holborn Silk Market, Holborn Bars, E.C.

Girl's Dance Frock of Figured Jap Silk

No. 5622, **Page 7.** A most inexpensive model. Send to the Holborn Silk Market (Holborn Bars, E.C.) for their new figured Jap silks. Five-gore foundation skirt of mercerised lining or moirette, edged with a pleated flounce. Overskirt (nine breadths) of Jap silk, made quite apart, tucked to flat pattern, the top gathered into the waist. Cut a bodice lining, back, four sides, a three-piece front to hook on left of centre panel. Tack, fit, seam, leaving only the side seams. Veil with a back, a smaller left front, and a double-breasted right front of the silk. Finish the seams. Charming berthe drapery of ribbon passed through the silk. One-piece sleeve, gathered on a smaller lining, gathered with ribbon like the neck. Draped belt of the ribbon colour. 21-inch material, 14 yards.

Evening Gown of B.B Æolienne.

No, 5623, **Page 7.** Five-gore foundation skirt of silk moirette or silk, edged with a shaped flounce tucked to flat pattern (pattern in one piece, half the flounce). Overskirt (seven breadths) of silk-and-wool Æolienne, pleated into the waist. Decorate with lace insertion arranged in interlaced circles, and edge with a deep lace flounce. Cut in silk or mercerised cotton a bodice lining: back, four sides, a left front, a double right front, to fasten down front centre, then cross to hook under the left arm. Tack, fit, seam, leaving only the side seams. Veil with a back and double front of the Æolienne. Draped velvet belt. Berthe of lace circles and frills. A lace frill forms the sleeve. For B.B. Æolienne patterns, send to Best's Dress Goods Co., Bradford. Carriage of patterns is paid both ways. 42-46-inch material, 9 yards.

Lovely Dinner Gown of Louis Chiffon Vel Duvet.

No. 5624, **Page 7.** A nine-gore skirt, unlined, the top pleated into the waist. Hem invisibly, and wear over a five-gore foundation skirt with stiffened flounce. Cut a bodice lining with back, four sides, two fronts, to hook to left front down centre. Veil side-pieces of front with velvet. Tack, fit, seam, bone, leaving only the side and shoulder seams. Veil with two draped fronts and back of Louis Chiffon Vel Duvet in a soft amethyst shade. Bodice is carefully boned. Lace crossed draperies, which form the berthe. One-piece sleeve of white silk, puffed on a lining. 21-inch material, 12 yards.

Dainty Dressing or Morning Gown.

No. 5630, **Page 12.** Two backs, a side on each side, two fronts (right front cut with box-pleat), a ribbon-threaded lace collar, a full sleeve tucked to fit elbow (tucks wheelmarked on pattern), a ribbon-threaded lace cuff. Line gown with

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"I thought I must write to tell you how very pleased I am with the skirt pattern you sent me."—E. H.

batiste to the hips. Embroider the pleat with Peri-Lusta thread. Close with hooks and eyes or buttons and buttonholes (made in a lined underfold of right front). Hem the lower edge. Pretty collar, finished with deep lace frill. The sleeve is trimmed to match. Quantity of 46-inch material required, 8 yards. Send to Lutas Leathley, 105, Armley, Leeds, for patterns of their Wylwyrwell cloths.

A Useful Flannel Bodice.

No. 5631, **Page 12.** A back, two sides, two fronts (with darts), a small sleeve. Sleeve and back are scalloped and embroidered. Right front is cut with box-pleat, which holds the buttonholes. 29-inch flannel, 1⅞ yards. Good model for a silk or mercerised slip bodice to wear under transparent blouses.

Original Night-dress of Horrockses' Flannelette.

No. 5632, **Page 12.** The pattern is in seven pieces—half the front, half the back, half the back yoke, half the collar, one tucked drapery (tucks wheelmarked), one sleeve, one cuff band. Lay the pattern pieces on 6 yards of 29-inch material, which is doubled under sleeve pattern, so that it is cut in duplicate. The single material being too narrow for the front and back pieces, added corners are seamed up the selvedges. The front is slit for an opening, protected by a stitched strap, which holds the buttonholes. Gather the back into the lined yoke. Seam together back and front. The lace-trimmed collar and its tucked tie are finished with a lace-trimmed flannelette frill. Sleeve is arranged into the lace cuff band which holds the lace-edge frills. Use woollen torchon lace. The sleeve is gathered into the armhole.

Petticoat French Drawers.

No. 5633, **Page 12.** A width of 36-inch material required for each leg, edged with double cross-cut frills of silk, edged with lace. The top is arranged into a lined shaped band, very deep, which fits over the corset, buttoning at back. 36-inch washing silk, 5 yards. For evening wear.

Empire Evening Chemise in Washing Silk.

No. 5634, **Page 12.** A back and tucked front (tucks wheelmarked on pattern) arranged into a back and lace-striped front of silk. Edge chemise with a lace-decked frill. Shoulder straps of lace insertion and edging which trims also neck and armholes. 36-inch silk, 5 yards.

Djibeh Night-dress.

No. 5635, **Page 12.** It has no fastenings. Back and front are gathered into a deep 2-piece embroidered yoke, worked at neck and bust with slots, through which a ribbon runner is passed. The sleeve, pleated into the armhole, can be similarly drawn up or left loose. Sleeve and neck are scalloped and embroidered. 36-inch material, 7 yards.

Combination Garment—Cache Corset and Petticoat.

No. 5636, **Page 12.** A 4-gore skirt, buttoning in front and edged with a deep flounce, is tucked (tucks wheelmarked) into a three-piece bodice—back and two fronts, buttoning in front beneath a stitched strap. Good model for washing silk. Trim with lace. 36-inch silk, 9 yards.

Cloth Coat with Plaid Skirt.

No. 5637. **Page 14.** Two-piece umbrella or "bell" skirt, so cut that the lines of the plaid fabric fall naturally on the straight at the sides, meeting in V points front and back—the only seams, except those required to eke out the width of the material, these last being on the *straight*, lines of stripes meeting. The pattern is in one piece—half the skirt. Lay the pattern, to avoid extra seams, on 4½ yards of 48-inch plaid, which is opened out and is double, so that the piece is cut in duplicate. See that the stripes run straight down the sides from waist to lower edge. In cutting, leave generous turnings above and below (mark out correct shape in tacking thread), so that the plaid lines can be made to meet exactly, forming V points. Tack front and back seam (opening in back seam); try on. Stitch and press the seams. Stitch the pressed front seam. Cut a false hem from the waste. Seam it on over a band of lino, and either stitch down closely or trim like the front seam. Arrange the top into a ribbon, after finishing the back opening with felled bands of sarsenet. Close with glove-stud skirt tapes, and close the top with hooks and eyes. The pocket can be inserted in the opening. This skirt can be lined, or it can be worn over the five-gore foundation skirt of moirette (edged with a pleating of the same). For short figures the width of the plaid will supply the hem. The elegant coat of cloth, matching plaided stripes, has a back, four sides, two two-piece fronts (front centres cut with lap). Coat closes with buttons and buttonholes, and fronts are faced with cloth. Stitch and press seams after fitting. Revers are faced with slipstitched velvet over the cloth. Line with silk or polonaise, cut on coat pattern, but seamed apart. Fronts should be stiffened with strips of lino or canvas interlining. Collar faced with velvet. Two-piece gigot sleeve, with velvet-faced stiffened cuff, 48-inch cloth, 2½ yards.

Tailor Gown, with Braided Coat and Pleated Skirt.

No. 5638, **Page 14.** The pattern of pleated skirt is in four pieces—half the pleated front, two pleated sides, half the pleated back. Pleats, wheelmarked on pattern, are arranged in groups. Lay the pattern pieces on 4½ yards of 44-48-inch material. The material is doubled, selvedges meeting, front and back centres laid on fold, each cut in one piece, the other pieces being cut in duplicate. Tack together front, sides, and back. Arrange the pleats. Try on. Then stitch and press the seams, and stitch down pleats. Hem the lower edge. Make the opening in the left tablier seam. Fell over the edges with glacé silk, and sew on glove-stud fasteners. Bind the top edge. Wear over the five-gore foundation skirt, edged with shaped flounce (pattern in one piece, half the flounce). Coat of the skirt material, trimmed with silk braid. Line with silk cut on coat pattern, but seamed apart, the edges slipstitched to the coat edges, which are herring-boned over a band of lino. The pattern is in ten pieces (half the coat): one back, one front, one sleeve, one sleeve lining, half the basque, half the belt, one shoulder strap, double cuff, half the collar. Lay the pattern pieces on 3 yards of 44-48-inch material, which is double, so that each piece is cut in duplicate. The lacking half of collar is marked out on the single material. Back centres of back and basque are laid on the fold, so that

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each is cut in one piece. Tack together fronts, backs, belt, and basque. Try on. Stitch and press the seams. Braid the basque edge. Face fronts with the material; a piece of lino should be slipped between lining and cloth for support. Sew on the large velvet buttons. Buttonholes are made in double-breasted right front. Add slipstitched revers facings of velvet. Face collar with the velvet. Stitch collar to the neck of coat, and fell the facing over the seam. Seam the sleeve, line it, and put on the two braided and stiffened cuffs. Gather the sleeve top into the armhole, try on, stitch in the sleeve, and fell coat lining over the seam. The shoulder strap, lined with lino and

No. 5664. A Tailor Walking Gown.

For Description see Pages 30 to 34.

Price of Paper Pattern, Skirt or Coat, each 6½d. post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

braided, is slipstitched in place. Smaller velvet buttons decorate straps and cuffs.

Smart Tailor Gown of Cream Blanket Cloth.

No. 5639, **Page 14.** Two-piece bell skirt, seamed back and front, seams hidden in the inverted box-pleat at back and the added panel in front. Wear over a separate five-gore foundation skirt, or line with mercerised sateen. Pleat at back is stitched down for a few inches. Opening at back. Smart coat—a back, two fronts, two added central fronts, a two-piece basque, a one-piece sleeve, a large, stiffened cuff, a reefer collar. Trim with silk braid. Lining is cut on coat pattern, seamed apart. Coat closes with hooks and eyes down front centre, right front crossing to left. Right added front panel is stiffened, braided, faced with cloth (braided on revers). Face collar with braided cloth. Send for patterns of the excellent B.B. Winter Cloths from Best's Dress Goods Co., Bradford. Quantity required of 43-inch cloth, 7 yards.

Boy's Fur-Trimmed Winter Coat.

No. 5640, **Page 15.** A back and two double-breasted fronts of dark green cloth, a large collar, a two-piece sleeve. Face fronts with the cloth over an interlining of tailor canvas. Close with buttonholes (made in the lined facing of the left front) and pearl buttons. Cord Brandenburghs. Face stiffened collar with astrakhan fur, and edge the sleeve with the fur. Line with Italian cloth, cut to coat pattern, but seamed apart. 54-inch material for a boy of six, 1¾ yards.

Girl's Winter Coat of Louis Velveteen.

No. 5641, **Page 15.** The pattern (cut for a girl of six to eight years) is in eight pieces—one double-breasted front, half the back, half the skirt, half the reefer collar, half the fluted pélerine, one cuff, the upper and under of one sleeve. Lay the pattern pieces on 5 yards of 24-inch velveteen, which is opened out for the half skirt and pélerine, and is folded in half (selvedges meeting), for back centre of back and collar laid on the fold, so that each is cut in one piece. Spaces are marked out for the duplicates of sleeves, fronts, &c., as care must be taken not to reverse the velveteen's pile, which should feel *rougher* when smoothed *downwards*. Tack together back, fronts, and skirt according to the notches. Tack and fit; stitch and press the seams. Interline the double-breasted fronts, and face with firm silk to the centre. Coat closes with buttons and buttonholes. Cut a lining in white silk on the coat pattern. Seam the shoulders and single notch seams. Tack the lining in place, and fell over the edges at waist, turned coat edges and front facings. The pélerine is stiffened with lino, and is lined with silk. The collar is stiffened, and is faced with fur. The seamed sleeve is finished with the fur-faced cuff. The cape joins the neck and collar according to the notch. The fur facing should be felled over the neck seam. The sleeve is gathered into the arm-hole, and the coat-lining is felled over the stitched seam. Velveteen seams must be pressed *over* a hot iron held *upwards* by another person.

Girl's Coat of Pastel Cloth.

No. 5642, **Page 15.** A back and two single-breasted fronts, three capes, a collar, two one-piece sleeves, two cuff bands. Face fronts with strips of the pastel cloth over an interlining of lino. Close with buttonholes (made in right front) and pearl buttons. Line with white silk, cut to coat pattern, but seamed apart. Pélerines can be unlined. Face collar and cuff band (stiffened) with ermine. 54-inch material for a girl of five, 3 yards.

Girl's School Coat.

No. 5643, **Page 15.** Good model for serge or tweed, to match a skirt. A back and two fronts (right front cut with broad box-pleat), a large collar, a two-piece sleeve. Face fronts with the tweed over an interlining of tailor canvas. Close with buttonholes (made in box-pleat in groups) and round metal buttons. Line with Italian cloth, cut to coat pattern, but seamed apart. Collar is of velvet, stiffened, silk lined, edged with fur. The front edges pass under the box-pleat. The sleeve is edged with fur. 42—46-inch material for a girl of ten, 1¾ yards. Send for patterns of the Wylwyrwell cloth to Lutas Leathley and Co., 105, Armley, Leeds.

Girl's Three-Quarter Redingote.

No. 5644, **Page 15** A three-piece skirt (forming box-pleat at back) is arranged into a three-piece bodice. Line with silk, cut on coat pattern, but seamed apart, the fronts faced with a strip of the material to the waist. Velvet belt, closing with buckle. Close with buttonholes. Big velvet buttons. One-piece sleeve with big cuff, stiffened, faced with braided white cloth. One-piece collar, faced like the cuff. 54-inch cloth for a girl of fourteen, 3 yards.

Boy's Winter Coat.

No. 5645, **Page 15.** A back and two double-breasted fronts of frieze cloth, fronts faced with the material. Buttonholes made in left front. Pearl buttons. The upper capes are unlined. The lowest cape is cut with revers (faced with the material). Collar is faced with the cloth. Decorate facings with buttons and false buttonholes and cord. Two-piece sleeve with double cuff. 48-inch cloth for a boy of four, 1¾ yards.

Smart Gown for a Matron.

No. 5646a, **Page 16.** Five-gore foundation skirt of mercerised lining or silk, edged with a shaped flounce tucked to flat pattern (pattern in one piece, half the flounce). Overskirt (seven breadths) of cashmere, made quite apart, pleated into the waist. Pleats, wheelmarked on pattern, are secured by stitching the inside edges. Skirt closes at back. Cut a bodice lining, back, four side pieces, two fronts, to close down the front centre. Tack, fit, seam, leaving only the side seams. Veil with a back and two fronts of cashmere. Vest of lace (with collar) mounted on silk. Bodice closes with hooks and worked eyelet holes. Original fichu of stitched and stiffened cashmere, edged with frills of silk, with galon simulating an inner vest or waistcoat. Finish the seams before the fichu is arranged. Shaped boned belt of silk. Gigot sleeve, with frill-trimmed cuff. 44-inch cashmere, 7 yards.

Matron's Beautiful Velvet Mantle.

No. 5646b, **Page 16.** A two-piece cape of Velours du Nord (seamed at back) and two stole fronts. Stoles are stiffened with lino and are edged with rich lace. The cape edge is turned over a band of lino and is edged with sable, terminating near the neck with heads and tails. Rich lace also trims the cape above the fur border. Large velvet collar faced with sable. Line mantle with white satin, slipstitched to the mantle edges. Fronts close with hooks and eyes. 42-inch velvet, 4 yards.

Smart Dress Bodice for a Matron.

No. 5646c, **Page 16.** Bodice lining with back, four sides, three-piece front, on which is arranged a gathered vest of silk, a back and two fronts of the skirt material. Lace band collar. Smart fichu collar of velvet (lined) and of Vandyked material. Full sleeve gathered on a smaller lining with fitted velvet lower sleeve. Draped velvet belt, supported on bones. 46-inch material, 4 yards; 20-inch velvet, 1½ yards.

Matron's Silk Voile or Satin Evening Blouse.

No. 5646d, **Page 16.** Cut a black silk bodice lining with back, four sides, a 3-piece front, to close on left of centre panel. Tack, fit, seam, bone, leaving only the side and shoulder seams. Veil with a gathered back, left front, and double-breasted right fronts of black silk voile. Finish the seams. A belt of black silk is arranged on the boned lining.

No. 5665. Girl's Dance Frock.

For Description see Pages 30 to 34.

Price of Paper Patterns, Skirt, Foundation Skirt, or Bodice, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

A puff sleeve of the material is gathered on a lining sleeve, edged with two frills. Medallions of white lace trim the neck and fronts. 42-inch taffetas, 2 yards; 46-inch voile, 3 yards. For the voile send to Best's Dress Goods Co., Bradford.

The New Empire Redingote.

No. 5647, **Page 17.** Lovely model of B.B. cream Alexandra cloth, lined with cream satin. Three-piece skirt, arranged in box-pleats

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(cloth and satin pleated up together). This skirt is arranged (with lapped seam) into a three-piece bodice, which is satin lined, and is decorated with added pleats which strap over the skirt pleats with handsome buttons. Coat closes to waist only beneath left pleat. One-piece sleeve pleated into a cuff of embroidery, which is strapped like the bodice. Revers collar is faced with embroidery. 43 inch fine B.B. face cloth, 6 yards. (Send to Best's Dress Goods Co., Bradford, for patterns; they pay the cost of carriage both ways. Cloth is only 3s. 2d. the yard.)

A Fur-Trimmed Redingote.

No. 5648, **Page 22.** Good model for the new B.B. tweed or cloths. Face with tweed the fronts, to support the buttons and buttonholes. This facing is cut on the front pattern. The pattern is in seven pieces (half the coat): one back, one front, two side-pieces, the upper and under of one sleeve, half the collar. Lay pattern pieces on 5 yards of 54-inch material, which is opened out and is double, each piece being cut in duplicate. The lacking half of collar is marked out on the single material. Tack together fronts, sides, and backs; try on. Stitch and press the seams. Sew together inside-out fronts and facings; reverse in proper position, and stitch down outer edges. A band of lino should be slipped in to support facings. Cut a lining in silk on coat pattern, seam and press it, slipstitch to coat edge and coat facings. Sew down left front two large buttons, and make buttonholes down the right front. Face stiffened collar with fur. Stitch collar to the neck of coat, and fell the facing over the seam. Seam and line sleeve. Gather the top into the armhole. Stitch in the sleeve, and fell coat lining over the seam. Skirt (5-gore) of the same heavy tweed (2 yards).

A Velvet Bolero Coat, with Pleated Skirt of White Cloth.

No. 5649, **Page 23.** The skirt hangs in folds, like the bell skirt, from a fitted top, but instead of being cut in one piece—like the real "bell"—it is in three, with an added tablier, which helps to mould the hips. The added tablier makes two box pleats, which are decorated with spear-point straps. The pattern is in three pieces—half the tablier, one circular side, one strap. Lay the pattern pieces on 4½ yards of 42-inch material, which is opened out and doubled beneath the side pattern, so that it is cut in duplicate. The single material is folded over (selvedges meeting), the front centre of front laid on the fold, so that it is cut in a single piece. The side breadth is fitted with a small dart. The side pattern being too wide for the material, corners are joined on the straight up the selvedge. Sew and press the seams of added corners. Tack the darts, the side and back seams. Leave the opening in the left tablier seam. Try on. Stitch and press the seams, also lap of opening. Interline and stitch on the straps. The top is bound, and closes on the left with two bent hooks and eyes. Fell the lining over the opening turnings, and close with glove-stud skirt tapes. The pocket can be inserted in this seam. Wear over the five-gore foundation skirt. Bolero of Velours du Nord—a back and two fronts, lined white satin, worn over a high white satin belt, supported on bones. Waistcoat fronts of embroidered white satin; steel buttons. One-piece collar faced with ermine. Two-piece gigot sleeve of velvet. 42-inch velvet, 2 yards.

Winter Gown of B.B. Plaided Tweed.

No. 5650, **Page 22.** Pretty style for the new plaided tweeds (send to Best's Dress Goods Co., Bradford, for patterns, carriage for which will be paid both ways). Five gore skirt, entirely untrimmed. Skirt can be lined or worn over a five-gore foundation skirt of moirette, edged with a pleating. Smart little coat—a back and two fronts with added basques, and two tucked added fronts cut in one with basques. Tucks are wheel-marked on pattern. Velvet belt. Revers collar, faced with velvet, and velvet slipstitched added facings to the revers. Coat closes with buttons and loops, and is faced with tweed. One-piece sleeve gathered on to a smaller lining, with stiffened cuff, faced like collar. Line coat with thinner silk cut on coat pattern, but seamed apart. Quantity of 48-inch material, 7 yards.

Smart Braided Redingote (Back and Front Views).

No. 5651, **Page 22.** Smart original coat—a pleated back, two pleated fronts, four sides, a three-piece added skirt (with box pleat at back), a one-piece sleeve, a large cuff and military turn-over collar. Pleats are wheelmarked on pattern. Face stiffened fronts with the material (over lino) and close with hooks and eyes. Braid fronts and pleats to waist. Line with silk, cut on coat pattern, but seamed apart. Collar faced with braided material. One-piece sleeve on a smaller lining, with big stiffened cuff. Belt of the material which faces cuff and collar. Excellent model for putty face cloth. 44-inch material for coat, 5 yards.

A Pleated Velvet Redingote.

No. 5652, **Page 22.** The pleated skirt of the redingote, open in front, cut in four breadths, have the pleats wheelmarked on pattern. This skirt or basque is lined with soft silk, pleated with the velvet. The front edge is in one with the front centre of coat part. Coat of the material—a pleated back, four sides, two fronts, two added fronts (in one with basque). Fronts are pleated (pleats wheelmarked on pattern). Coat joins pleated basque with a stiffened and stitched belt. Collar of the cloth faced with white embroidered satin. One-piece sleeve with smaller lining and stiffened cuff faced with embroidered satin and edged with a chiffon frill. Line coat with silk or satin, cut on the coat pattern, but seamed apart. 42-inch material, 5 yards.

Tailor Gown with Belted Coat.

No. 5653, **Page 23.** Five-gore foundation skirt of lining silk, or moirette, edged with a pleating. Five-gore full skirt of double-width fine cloth, pleated in box-pleats (pleats wheelmarked on pattern), made quite apart. Cut a coat with back, four sides, two tucked fronts (tucks wheelmarked on pattern), drawn in with a stiffened belt. Tack, fit. Stitch the seams. Close fronts with buttons and braid loops (down each front). Jabot of lace. Line with silk cut on coat pattern, but seamed apart. Face revers (cut with fronts) with figured velvet. A sleeve is draped on a lining sleeve, finished with a fitted lower sleeve. Quantity of 48-inch material, 7 yards.

Tailor Gown, with Pleated Skirt and the New Short Coat.

No. 5654, **Page 23.** Suitable for any new tweeds or cloths. Looks very well in serge or chequered tweed. The pattern of skirt is in four

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Flannelettes

(made by the manufacturers of the celebrated Longcloths, Twills and Sheetings)

are the best and safest.

"HORROCKSES" stamped on selvedge every 5 yards.

pieces—half the pleated front, two pleated sides, one pleated back (pleats are wheelmarked on pattern). Lay the skirt pattern pieces on 4¾ yards of 48-inch material. Where gores are too wide, corners must be seamed up the selvedges. Tack together front, sides, and backs. Arrange the pleats. Try on. Then stitch and press the seams. Secure the pleats half way down. Wear over the five-gore foundation skirt, with shaped flounce (pattern in one piece, half the flounce). Smart little coat of the skirt material. The pattern is in seven pieces (half the coat): one back, two sides, one double-breasted front, the upper and under of one sleeve, half the collar. Lay pattern pieces on 2½ yards of 48-inch material, which is double (selvedges meeting), each piece being cut in duplicate (except collar, which is cut in one piece, the back centre laid on the fold). Tack together fronts, sides, and backs; try on. Stitch and press the seams. Sew together inside-out fronts and facings (of the coat material); reverse in proper position, and stitch down outer edges. A band of lino should be slipped in to support facings. Hem and stitch (over lino) the lower edge of coat. Sew down the fronts large pearl buttons. Cut a lining in silk. Seam it apart. Face collar with velvet. Stitch collar to the neck of coat, and fell the facing over the seam. Seam and trim the sleeve. Stitch in the sleeve and fell lining over the seam.

A Simple Empire Coat.

No. 5655, Page 23. Two-piece skirts are gathered to a three-piece bodice, which is double-breasted, closing with hooks and worked loops. Trim with metal buttons, which can hold loops sewn down the fronts (instead of hooks and eyes). Line with silk after stitching down the edges. One-piece sleeve. Collar and cuff are faced with embroidered white cloth or satin. 48-inch cloth, 4½ yards.

Tailor Gown with Belted Coat.

No. 5656, Page 23. Three-piece bell skirt, seamed at back centre and tablier. Interline and stitch hem. Either wear over a separate five-gore foundation skirt, or line with mercerised sateen. Opening at left tablier seam. Smart coat—a back, four sides, two fronts. Two-piece sleeve. Stiffened velvet belt. Lining is cut on coat pattern, seamed apart. Coat closes with buttons and buttonholes down front centre. Lutas Leathley (105, Armley, Leeds) has excellent zibilines in the new autumn shades at 1s. 3d. the yard, 42 inches wide. Quantity required, 7 yards. Collar is faced with velvet. The pélerine coat need not be lined.

Lovely Tea-Gown with the New Tunic.

No. 5657, Page 25. Seven-gore skirt of rose-pink double width taffetas (3s. 11d. the yard, send for patterns to the Holborn Silk Market, Holborn Bars, E.C.). Lovely tunic of rose silk muslin, with fitted lining to the waist of rose-pink silk. The muslin consists of two backs, two sides, two fronts, two crossed waistcoat fronts mounted on a lining—two backs, four sides, a three-piece front, carefully fitted. Edge the tunic with lace insertion. A draped belt of black velvet (boned) passes under the lace. One-piece muslin sleeve, cut with lace-trimmed frill, mounted on a smaller silk lining. Double-width taffetas, 6 yards; 45-inch muslin, 5 yards.

Empire Tea-Gown of Velvet.

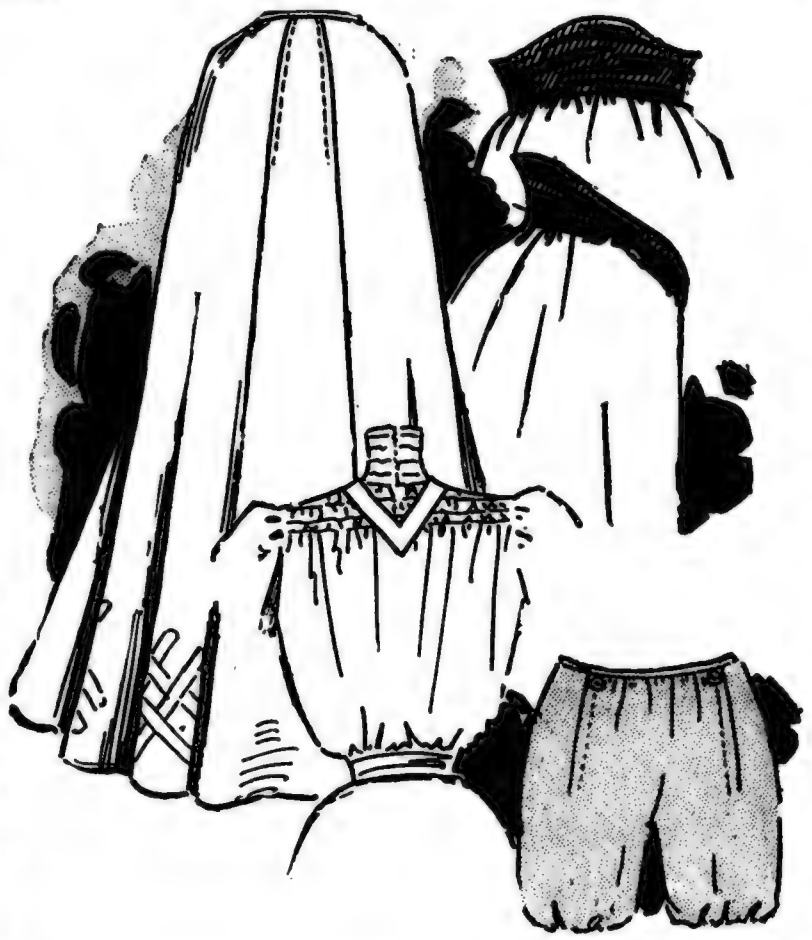
No. 5658, Page 25. This is really a semi-fitting princess dress cut in velvet—two backs, a back pleat, four sides, a 3-piece front. Close on left of centre panel. A fitted lining (back, four sides, three piece front) is to hip only. The gown is unlined below hip, but the hem must be interlined to hold the fur band. Bone lining with care. Trim neck with lace insertion, which extends into a handsome Empire drapery. Close with hooks and eyes. One-piece sleeve on a smaller lining, with lace cuff and frill. Cord rosettes. 20-inch velvet, 18 yards. Hem should be interlined with lino.

Dainty Tea-Gown of B.B. Æolienne.

No. 5659, Page 25. Five-gore foundation skirt of silk or silk moirette, edged with a pleated flounce. Overskirt (five breadths) of B.B. double-width silk and wool Æolienne, made quite apart, pleated or gathered into the waist. Trim with edge of lace and tucks (tucked to flat pattern). Send for patterns to Best's Dress Goods Co, Bradford, who will pay carriage of patterns both ways. Cut a bodice lining, back, four sides, a three-piece front to hook on left of centre panel. Tack, fit, seam, leaving only the side and shoulder seams. Veil with a back, a left front, and double-breasted right front of the skirt material. Finish the seams. Lovely fichu of spotted net edged lace. Plastron frill of net and lace. One-piece sleeve of the net, unlined, gathered on a ribbon, with a frill trimmed with lace. 42-46-inch material, 7 yards.

Smart Redingote Costume.

No. 5663, Page 30. Five-gore skirt of B.B. Panneau Cloth, silk lined or worn over a 5-gore foundation skirt. The redingote has a 2-piece silk-lined skirt eased into the upper part of coat—two backs, four sides, two double breasted fronts cut deeply pointed below the waist. Stiffen fronts and face with cloth. Line the rest with silk cut on coat pattern but seamed apart. Two-piece sleeve. Collar and cuffs are of cloth, crenulated and laid over a band of velvet. Velvet buttons. For patterns send to Best's Dress Goods Co., Bradford. 51-inch cloth, 7 yards.



BACK VIEW OF THE FOUR FREE PATTERNS.

A Tailor Walking Gown.

No. 5664, Page 32. A five-gore skirt and smart little bolero, which is double-breasted, braided, silk lined. Two-piece sleeve. Good model for tweed or cloth. 48-inch material, 4½ yards.

Girl's Dance Frock.

No. 5665, Page 32. A full skirt of net or silk muslin, with frills of Valenciennes, on a foundation of moirette. The bodice gathered on a fitted lining, fastening at back. Draped ribbon belt. 45-inch net, 7 yards.

A Three-Piece Bell Skirt.

No. 5666, Page 37. It closes in the left tablier seam and is trimmed with military braid. Excellent style for thick tweed or cloth. 54-inch material, 4 yards.

A Gathered Satin Skirt.

No. 5667, Page 37. Soft Oriental satin is gathered on a moirette foundation (5 gores). Added tuck (a doubled bias band). Decorate with chenille embroidery and tassels. 21-inch satin, 11 yards.

Pleated Skirt of Plaid Tweed.

No. 5668, Page 37. The pattern of skirt is in four pieces—half the front, two pleated sides, one pleated back (pleats notched and wheelmarked on pattern). Lay the pattern pieces on 4¾ yards of 48-inch material. The material is doubled, selvedges meeting, front centre laid on the fold, so that it is cut in one piece, the other pieces being cut in duplicate. Where breadths are too wide, added corners must be seamed up the selvedges. Tack together front, sides, and backs, making lines of plaid lie on a level. Arrange the pleats. Try on. Then stitch and press the seams. Secure the pleats half way down. Hem the lower edge, felled from back. Make the opening in the left tablier seam. Fell over the edges with glacé silk, and sew on glove-stud fasteners. Bind the gathered top edge, closing with two hooks and eyes, pressing it very flat. The pocket can be inserted in the opening. Wear over the five-gore foundation skirt.

A Pleated and Gathered Skirt.

No. 5669, Page 37. Capital model to accompany the Free Blouse Pattern. The breadths are partly gauged, partly pleated (gaugings and pleats wheelmarked) on a yoke lining. 45-inch material, 5½ yards.

Two-piece Bell Skirt.

No. 5670, Page 37. Pattern like No. 5637. As plain material is used, the front centre of pattern is laid along the selvedge. Trim with buttons. 48-inch material, 4 yards. Deep stitched hem.

A Gathered Cashmere Skirt.

No. 5671, Page 37. In seven breadths, hemmed, sides and back gathered to fit waist. Wear over a five-gore foundation skirt. 46-inch cashmere, 4½ yards.

HOW TO RENOVATE AND BEAUTIFY THE HOME.

It is not everybody who has tried Aspinall's admirable Sanalene—that perfect Enamel Paint for practical work—not merely ornamental, but absolutely preserving and necessary. We are obliged to have the conservatory painted fairly often if the building is to be kept in good condition—and how soon a neglected greenhouse becomes a ruin is only too well known. We ought to have it painted (or paint it ourselves, as the operation with Aspinall's Enamel Paints is a real pleasure) with Aspinall's Sanalene, which is durable, elastic (it does not split like most smooth paints), which *washes* perfectly, which is sanitary and perfectly pure, and which is anything but costly, seeing how far a small tin goes. It must be remembered that Sanalene is differently prepared, according to whether it is intended for outdoor or indoor purposes. The latter has a *blue* label, while the paint for outdoor use has a *red* label. Sanalene, in white or any colour, can be had from all grocers and oilmen.

THREE USEFUL RECIPES.

Savoy Pudding.—Crumble a stale savoy biscuit, and add to the crumbs 1½ gills of milk. Stir over the fire till hot. Let it stand a few minutes till the crumbs swell. Add a little sugar. When cold add the yolk of an egg and the white beaten to a froth, and bake gently until firm and brown.—Lancashire.

Warden Pie.—Cut 1lb of veal into neat pieces, dissolve half a packet of gelatine in a little water, and stew the veal in it with some small pieces of bacon. Season with pepper and salt. Line the bottom of a pie-dish with slices of hard-boiled egg, put in the veal, cover with short crust, and bake till the pastry is light brown.—Ipswich.

A West Country Way of Cooking Small Fish.—Sprats, small trout, and small fish of any kind should be stewed very slowly, after being cleaned and having head, tail, fins, and backbone removed. If they are peppered and salted inside and then placed in a pie-dish, side by side, till the pie-dish is filled (it must be a very shallow dish), and are then allowed to stew in a very slow oven for five or six hours, they will be so tender that the bones remaining in them are as soft as the flesh. They should be allowed to cool, and then have butter run over them. They are best eaten fresh (cold), but will keep a week or more.—Grange-over-Sands.

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure.'—Mrs. M., Carmarthen.

HEALTH AND PERSONAL ATTENTION

(See MYRA'S ANSWERS IN "MYRA'S JOURNAL").

EXTRACT FROM

POSTAL TOILET LIST.

[New and greatly enlarged edition, with chapters on the care of the hair and complexion, &c., and many new preparations, will be sent by return of post, on receipt of stamped address.]

Also illustrated pamphlet on Face Massage and the Care of the Complexion may be had gratis.

PHILIP H. MASON,

Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.

IMPORTANT NOTICE.—All Articles in this List admit of Postal Transit, and will be delivered free per post at the prices marked, secure from observation, and carefully packed on receipt of P.O.

Agents for New Zealand: Messrs. Walker, 125, Colombo St., Christchurch.
" " South Africa: Mr. F. H. Carman, Mill St., Cape Town.
} **From these Agents any of the Toilet Preparations may be obtained**

COLD CREAM OF WOOL FAT AND CUCUMBERS (NUTHALL'S).—Strongly recommended for general use, both on account of its healing qualities and of its freedom from irritating properties. Wool fat is essentially the natural fat of the Skin, and upon its presence depends the Skin's healthy condition. When absent or deficient, the skin loses its elasticity, becomes dry, and apt to chap and crack. The above Cold Cream will be found to remedy and prevent all these unpleasantnesses, and its continued use will render the skin distinctly softer, more elastic, and of a healthier colour. It is emollient and healing, and will counteract the ill-effects of hard water and of over-exposure to cold, wind, or sun. Its constant use is invaluable for preventing and removing wrinkles and crowsfeet. 3s. 6d.

THE GARRISON HAIR DYE.—An absolutely harmless hair dye in one solution. Easy in application, rapid, cleanly, and almost infallibly certain in effect. This is the Hair Dye *par excellence* for those who prefer a dye in one solution. Black or Brown, 3s. 6d. per case

AUBURN TINCTURE—Imparts that much desired tint—a rich auburn. It will be found most useful for giving warmer shades to pale brown and flaxen hair, and is indispensable for auburn hair which is turning grey. Hair treated with it, retains a perfectly natural appearance. Being free from all mineral matters, it is quite harmless. It is also cleanly and permanent. Prepared in three shades—Auburn, Auburn-Red, and Golden Auburn. 3s. 6d.

NORVICIA CREAM AND HERBAL POWDER.—A perfect skin food. Price of case of the two preparations, 3s. 6d. By the combined use of these novel and most successful preparations the beauty of the complexion can be indefinitely conserved, and all blemishes, spots, roughness, and tan effectively removed. They afford perfect media for thoroughly massaging the skin, assisting to a remarkable extent the removal of the worn out and the building up of new tissue, whilst the muscles, upon which the appearance of plumpness depends, are greatly strengthened and developed. The cream nourishes the inner cuticle and subjacent tissue, and the albumen of the powder exercises a like effect upon the outer cuticle.

EMULSINE OF CUCUMBERS.—Dr. Anna Kingsford's Formula, Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. These Emulsines resemble the Crême Froide in their general properties, but are prepared for those who prefer an emulsion to a cream. The thick Emulsine is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the thin Emulsine is adapted for whitening the complexion, and for summer use.

"Against the crowsfeet use Mason's Thick Emulsine. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the thick Emulsine. For flushing of the face and dryness of the skin use Mason's Thin Emulsine of Cucumbers. 'Cool as a cucumber' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crême Froide aux Concombres. As the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the newly-discovered alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s. 6d., 10s. 6d.

PETROLATE OF SULPHUR.—For promoting the growth of the Hair, and for preventing greyness. A new compound, which not only promotes the growth of the Hair, but also largely increases the formation of its colouring pigment. Its use has the effect of nourishing the Hair and increasing its growth, and also of improving its colour, preventing the increase of greyness, and removing that already existing. Price 2s. 6d.

The effect of this, used in combination with the Jaborandi Tonic, has recently been found *most remarkably successful.* A lady writes, "To arrest the greyness I applied the Petrolate of Sulphur regularly every night, rubbing it well into roots of hair, while in the morning I applied the Jaborandi Hair Tonic with a soft tooth-brush. I am most pleased to tell you that after one month of this treatment, all the greyness has gone, completely."

BLOOM OF STEPHANOTIS.—An exquisite creamy white skin and complexion powder. It imparts a beautiful natural whiteness and youthful softness and delicacy to the skin. The painful "flushing" of the face, brownness of the neck and arms, undue redness of the face and hands, are obviated by one application. For personal appearance at Court, the Ball, or Concert it is indispensable: it represses the unpleasantness of sensible perspiration and its disagreeable accompaniments. Travellers and residents in warm climates will find it invaluable. It so entirely prevents the discolouring action of the sun on the skin that freckles are almost unknown to those who use it. In polished apple wood case, with toilet puff, 3s. 6d.

"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Powder, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

HYGIENIC SKIN CREAM.—To all who desire to retain a smooth, healthy complexion, and soft white hands to an advanced age, this cream is indispensable, as it is unequalled for whitening the skin, removing redness and roughness, and healing chaps and cracks. Its absolute purity renders it equally as desirable for the Nursery as for the Toilet. 2s. 6d.

HENNA HAIR DYE (IN ONE SOLUTION).—An entirely vegetable preparation, obviating the use of lead or any metallic dyes. It is guaranteed to be entirely harmless to hair or health. It is most simple in application, and in every way superior to the old-fashioned metallic dyes in two solutions. 3s. 6d., 10s. 6d.

"Of all the brown dyes I have tried, I like best Mason's Henna Dye It is entirely vegetable and harmless."—Anna Kingsford, M.D.

CREAM OF STEPHANOTIS.—An exquisite creamy white skin and complexion cosmetic; imparts youthful softness and delicacy, with a beautiful natural whiteness to the skin. Composed of perfectly innocent ingredients, this Cream has a most beneficial action upon the skin. It obviates in one application brownness of the neck and arms, or undue redness of the face and hands. For personal appearance at Court, at Balls, or other crowded assemblies, it is indispensable, especially as it represses the unpleasantness of perspiration and its accompaniments. In warm climates it will be found invaluable. Also to prevent the appearance of that unpleasant redness or flushing of the face, which is so common annoyance. So completely does it prevent the discolouring action of the sun on the skin that freckles are rarely, if ever, known to those who use it. It subdues the redness of the features caused by exertion, cooling the skin in a most delightful manner. 3s. 6d. per case.

SULPHUR SOAP (FOR THE HAIR).—The natural colour of the hair is due to an organic pigment, into the composition of which sulphur and iron largely enter. It is believed that in many cases grey hair is due solely to a deficiency in this natural secretion of sulphur. In such cases the sulphur may be applied to the hair glands by occasionally washing the hair and scalp with the above soap. It is most particularly recommended that in cases of incipient greyness this should be tried before artificial colour restorers are resorted to. It is also the best soap for cleansing the hair before applying any dye or colour restorer, as it greatly quickens and enhances their action. It is also of great service for washing the skin in many cases of eruption and skin diseases. 1s. 1d.

"Better try Mason's Sulphur Soap and soft water."—Anna Kingsford, M.D.

TOILET SACHETS.—These charming novelties form an important adjunct to the Toilet, and are invaluable for improving and preserving the complexion. The Sachets are prepared from certain flowers and seeds, which possess a tonic, preservative, and softening effect upon the skin. By their constant use, the freshness of the skin natural to youth can be preserved to a mature age, the fineness of its texture improved, and the formation of wrinkles and freckles prevented. Where the complexion is already impaired, their use will bring about a marked improvement, and give a much more youthful appearance. There are three varieties of the Sachets, viz., for Blondes, for Brunettes, and Special for those with impaired complexions. 3s. 6d. per box of 25.

WALNUT JUICE AND NUTGALLS.—Having often been required to prepare Walnut Juice for ladies, I have found that it is not perfectly successful by itself as a hair stain. After many experiments I am at last able to introduce a combination of Walnut Bark and Nutgalls, which is perfectly effective in giving to grey hair various shades of rich natural brown, very different from the dull metallic black of lead restorers. It is at the same time perfectly safe (Walnut Juice has been used for centuries as a hair dye). Price 3s. 6d. per case, post free, with full directions.

DEPILATORY (POWDER).—Mr. Mason is continually asked by ladies for a Depilatory which will, in one application, not only remove existing superfluous hair, but prevent its reappearance. He wishes clearly to state that it is impossible to do this. All that can be done is to remove the hair, after which an occasional subsequent application on the surface of the skin will prevent it from attaining a visible growth. The above preparation will do this without injury to the skin. With directions, 2s. per bottle.

"Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M.D.

EYEBROW AND EYELASH DYE.—A simple and instantaneous application, requiring renewal only at long intervals. Has been much approved, and seems to have met a pressing want. Black or brown, 2s. 6d. per case.

"Nothing will darken the eyelashes permanently except a dye. Mr. Mason sells an eyebrow and eyelash dye at half-a-crown the case, black or brown."—Anna Kingsford, M.D.

CYCLINIA.—Specially for Cyclists. Prepared from the flowers of the Elder, effectually preserves the complexion from stress of wind or sun, and removes and prevents redness, roughness, scorch, sunburn. 1s., 1s. 9d., 3s.

SKIN FOOD.—For restoring wasted tissue and removing wrinkles. To this loss of tissue and muscular tone is due the falling away of the face and neck, loss of roundness, and formation of lines and wrinkles, but these conditions can be overcome by a steady use of the Skin Food. Its use also enables the skin to retain for many years the clear, smooth, velvety surface that is associated with youth. 2s. 9d. and 7s. 6d.

FOR OTHER HAIR DYES AND COLOUR RESTORERS SEE THE ENTIRE LIST.

THE HOLBORN SILK MARKET.

SAMUEL LEWIS & CO., Proprietors.

OUR GREAT AUTUMN SALE IS NOW PROCEEDING.

Every Department is Full of Enticing Bargains and Novelties.

OUR CIRCULAR, GIVING FULL PARTICULARS, SENT POST FREE ON APPLICATION

COLOURED SILKS.

SUN SPOT SATINS FOR BLOUSES, RED WITH WHITE Spots, Black with White, and White with Black, a very cheap line, 18-inch, 6¾d., were 1/-.

TWILLED SURAH SILKS, ECLIPSE AND PIN SPOTS, Red with Cream and Black Spots, Sky with White and Black, Salmon Pink with White and Black, Black with Red and White, also with Blue and White Spots, 24-inch, a splendid line, only 9¾d., were 1/11½.

CREAM, PINK, AND MAUVE GROUND JAVA SILKS, with Variegated Coloured Coutil Corded Stripes, very pretty for Blouses and Evening Wear, 8,200 yards, 19-inch, 9¾d., worth 1/6.

WHITE GROUND JAPANESE SILKS, WITH COLOURED and Corded Coutil Stripes, which give firmness to the Silk. We have 10,000 yards of these goods, 20-inch, Sale price 10¾d., quite worth 1/6.

MAUVE, VIOLET, AND HELIOTROPE CROSS BAR Checked Silks, soft finish, very pretty, 1,200 yards on Sale, 20-inch, 9¾d., worth 1/6.

FANCY FLORAL JAPANESE SILKS, INTERSPERSED between the Floral Bouquets is a White Spider Web Design on Fancy Colours. These are very pretty and cheap, 3,200 yards on Sale, 23-inch, 1/0¾, were 1/11½.

BRITISH WASHING SILKS, FANCY PIN STRIPES, FOR Young Ladies' Wear and Blouses, some of them were 1/11½, 21-inch, Sale price 1/0¾.

HANDSOME IVORY BROCADED JAPANESE SILKS, large Woven designs, superior finish, finely woven, 5,000 yards on sale, 24-inch, 1/7¾, were 3/6.

FANCY BLURRED LOUISINE SILKS, LIGHT SHADES, with White Ottoman Stripes, very pretty, 1,350 yards, 20-inch, 1/0¾, were 1/9.

IVORY BROCHE JAPANESE SILK, SMALL DESIGNS, 27 inches wide, 1/11½.

IVORY JAPANESE SILKS, WITH WOVEN SPOT IN Colours, 21-inch, 1/0¾, very cheap.

IVORY JAPANESE SILKS, WITH EMBROIDERED ROSE-buds all over, 22-inch, 1/11½.

RICH SELF-COLOURED BROCADED SILKS, IN CARdinal, Pink, Heliotrope, Golden Browns, &c., 22-inch, 3/6½.

FANCY MATELASSE SILKS, SMALL PATTERNS, IN Light Evening Colours, 22-inch, 1/11½, were 3/3.

GLACE SILKS AND GROS GRAINS, WONDERFUL Value, in Orange, Mauve, Violet, Slate, Apple Green, Peacock, and Ruby, 3,200 yards on Sale, 22-inch, 1/0¾, worth 1/11½.

FANCY WAVED PATTERN OTTOMAN SILKS, IN MAUVE Shades, 22-inch, 1/11½, were 3/6.

ZIBELINE SATINS, ALL SILK, WITH TRANSVERSE line Stripes, in Pearl Grey and Straw Shades, 22-inch, 1/11½, were 3/-.

FANCY PIN-SPOT ORIENTAL SATINS, ALL SILK, IN Cream, Silver Grey, Serpent, Orange, Sky, and Reseda, 22-inch, 2/6½, were 3/9.

IVORY JAPANESE SILK, AN EXTRA FINE AND HEAVY Make for Ladies' Wear, 22-inch, 2/11½. This is a quality we strongly recommend, as it will give a large amount of wear.

IVORY JAPANESE SILKS, TUCKED, WITH TWO ROWS worked in zigzag of Valenciennes Insertion, also with zigzag Braiding on each Tuck, 33-inch, 2/11½, worth 3/11.

IVORY JAPANESE SILKS, TUCKED, WITH TRANSparent Feather Stitching over each Tuck, 30 inches wide, only 1/11½, worth 3/3.

IVORY JAPANESE SILKS, FLOUNCED, WITH ROLIO Brading, Valenciennes Lace at end of Flounce, and Valenciennes Lace Insertion 4 inches above Flounce, very stylish, 39 inches wide, only 2/11½, worth 4/6.

JAPANESE PLEATED SILKS IN WHITE, CREAM, Straw, Nil, Emerald, Cardinal, Turquoise, Navy, &c., 27 inches wide, only 9¾d., worth 1/3.

CREPE DE CHINE SILKS, A FINE MAKE IN BLACK, White, Cream, Sky, Turquoise, Cardinal, Eau de Nil, Biscuit, &c., 44-inch, 3/11½.

SHANTUNG SILKS, SPECIAL LINES, NATURAL Colour, 24-inch, 1/0¾; 28-inch, 1/4¾ and 1/7¾; 33-inch, 1/11½.

BRIGHT INDIAN TUSSORE SILKS, 34 inches wide, special value, 1/11½, 2/3½, 2/6½, and 2/11½.

IVORY WHITE JAPANESE SILKS. WE STOCK THESE Silks in following prices, anticipating a large demand this season for Evening Wear. We have made extensive purchases. Our prices are the lowest possible for the qualities supplied, 21-inch, 6¾d. and 8¾d.; 23-inch, 10¾d., 1/0¾, 1/4¾, 1/7¾, and 1/11½; 27-inch, as follows, 1/0¾, 1/4¾, 1/7¾, 1/11½, 2/3, 2/6½, and 2/11½; 36-inch, at 1/0¾, 1/4¾, 1/7¾, 1/11½, 2/6½, 2/11½, 3/6½, and 3/11½.

DICE PATTERN TUSSORE SILK, A SPECIAL LINE, 20-inch, 1/7¾, worth 2/6.

IVORY SPOT PATTERN BROCHE SILKS, EXTRA GOOD Line, 21-inch, 1/11½, worth 3/-.

CREAM BENGALINE POPLIN SILKS, 22-inch, 1/11½, 2/6½, and 2/11½; 23-inch, 3/11½.

IVORY TWILLED JAPANESE SILKS, 23-inch, 1/4¾ and 1/7¾; 28 inch, 1/11½ and 2/6½; 36-inch, 2/6½, 2/11½, and 3/6½.

IVORY BROCHE JAPANESE SILKS, SMALL DESIGNS, special purchase, 23-inch, 1/4¾, worth 2/-.

THE TOKIO STRIPED CREAM VOILES FOR EVENING Wear, 19 inch, 1/2¾.

IVORY PIN SPOT BROCHE SATIN, ALL SILK, 21-inch, 2/6½.

IVORY NATTE CROSSBAR SILKS, 21-inch, 2/6½, AND A splendid line in Brocades, 2/6½.

IVORY TUCKED JAPANESE SILKS, WITH VAL. LACE Insertion between Tucks, 21-inch, 1/11½.

BROCATELLE DAMASK SQUARES FOR CUSHIONS IN Art Colourings, very pretty styles, 24 inches square, 1/0¾ each, were 2/3.

CREPE DE CHINE SILKS, SPECIAL, 46 inches wide, in Creams and Whites only, only 1/4¾, worth double.

BLACK SILKS.

BLACK MESSALINE AND SATIN FINISH PAILLETTES, all Silk, good value, 21-inch, 1/3½, 1/11½, and 2/6½.

BLACK SATIN FINISH ARMURE SILK, A SPECIAL Purchase, Silk, 21-inch, 1/11½, worth 2/11.

BLACK MOIRE VELOURS, A SPECIAL PURCHASE, ON Sale, 22-inch, 1/4¾, worth 1/11½.

BLACK ORIENTAL SATINS, ALL SILK, WITH SCROLL White Braided Applique Designs, 22-inch, 2/6½, were 6/6.

BLACK MOIRE FRANCAISE, 22-inch, 1/11½ and 2/6½; Extra Good Value at 3/6½ and 3/11½.

BLACK MOIRE VELOUR SILKS, A SPECIAL PURchase, 22-inch goods, Beautifully Watered, 1/11½, 2/6½, 2/9, and 2/11½ per yard, much under value.

RICH BLACK BROCADED SILKS. WE HAVE JUST Purchased a Magnificent Lot of Handsome Black Brocades, Beautiful Large Designs, and Splendid Qualities. 2,000 yards for Sale, 22-inch, 4/6½, usually sold at 6/11.

BLACK SILK BROCHE CANVAS GAUZES in a series of good styles, 44 inches wide, only 1/11½, usual price 2/11½.

BLACK POPLIN DE SOIE SILKS, 44-inch, 3/11½ per yard, usual price 5/3.

BLACK BROCHE SILKS, A SPLENDID LINE IN SMALL designs, all silk, 21-inch, 1/7¾, usual price 2/6.

BLACK BROCHE SILKS, SPOT, STAR, CRESCENT, AND Lozenge, and other designs, 21-inch, all silk goods, 1/11½, worth 2/11.

BLACK SPOT SATIN MERVES, ALL SILK GOODS, AND good value, 21-inch, 2/6½.

BLACK BROCHE SILKS, A LOT OF LARGE STYLES, Handsome Brocades, 21-inch, 2/6½, extra good value.

BLACK FANCY STRIPED SILKS, A LOT OF GOOD Styles, 21 inch, 2/11½.

BLACK SPOT AND SMALL DESIGNS IN BROCHE Silks, a good line, 21-inch, 2/11½.

BLACK JAPANESE SILKS, 27-inch, 1/4¾, 1/7¾, and 1/11½; 28-inch, 2/6½.

BLACK BROCHE SILKS, RICH HANDSOME BROCADES, also in Spots, 22-inch, 3/11½, worth 5s. 9d.

BLACK PONGEE AND WASHING SILKS, 20 and 21-inch, prices 6¾d., 8¾d., 9¾d., 1/0¾, 1/4¾, and 1/9½.

BLACK BRIGHT LUSTRINE LINING AND FOUNDATION Silks, 23 inch 1/0¾; 25-inch, 1/4¾, 1/7¾, and 1/11½.

BLACK WATERED MOIRETTES, 24-inch, 1/0¾, 1/4¾, 1/7¾, and 1/11½.

BLACK GROSS GRAIN SILKS, SPECIAL VALUE, 23-inch, 1/7½; 22-inch, 1/11½, 2/6½, 2/11½, and 3/6½; 23-inch, 3/11½; 24-inch, 4/6½.

BLACK PEAU DE SOIE SILKS, IN GREAT DEMAND and good wearing, 20-inch, 2/6½ and 2/11½; 22-inch, 3/11½, 4/6½, and 4/11½; 23-inch, 5/11½; 24-inch, 6/11; also 32 inches wide, 4/11½ and 5/11½.

BLACK LOUISINE SILKS, A FASHIONABLE MAKE, 20-inch, 1/4¾, 1/7¾, 1/9¾, 1/9½, 1/11½, and 2/3; 21-inch, 2/6½ and 2/11½.

BLACK TRYME SOIE SILKS, A MAKE GUARANTEED to wear, 21-inch, 2/6½, 2/11½, 3/6½, and 3/11½; 22-inch, 4/6½ and 4/11½; 23-inch, 5/11½.

BLACK FAILLE SILK FOR MANTLES, A SPECIAL LINE, 32-inch, 3/11½, worth 5/9.

BLACK FROU-FROU FOR FOUNDATIONS, 20-inch, 1/4¾.

BLACK GLACE SILKS, 21-inch, 1/0¾ and 1/4¾; 22-inch, 1/7¾ and 1/11½; 23-inch, 2/6½ and 2/11½; 36-inch, 2/11½.

BLACK TAFFETA CHIFFON SILKS, THE FASHIONABLE make, we stock in single and double width, 21-inch, 1/11½, 2/3½, 2/6½; 22-inch, 2/11½, 3/6½, 3/11½, and 4/11½; 40-inch, 3/11½; 42-inch, 4/6½; 43-inch, 4/11½, 5/11½, and 6/11.

BLACK FAILLE FRANCAISE SILKS, ALL SILK GOODS, 21-inch, 1/11½, 2/6½, and 2/11½; 22-inch, 3/6½, 3/11½, and 4/6½; 23-inch, 4/11½.

BLACK BENGALINE POPLIN SILKS, SPECIAL LINES, 21-inch, 1/11½, 2/6½, and 2/11½; 22-inch, 3/6½, and 3/11½; 23-inch, 4/6½ and 4/11½.

BLACK SURAH SILKS, GOOD VALUE, 19-inch, 9¾d.; 20-inch, 1/0¾ and 1/4¾; 21-inch, 1/7¾, 1/11½, and 2/6½; 22-inch, 2/11½.

BLACK SATIN MERVS, BRIGHT SILKS, FASHIONABLE, 19-inch, 1/0¾ and 1/4¾; 20 inch, 1/7¾, 1/9½, and 1/11½; 21-inch, 2/6½ and 2/11½; 22-inch, 3/6½, 3/11½, and 4/6½; 24-inch, 4/11½.

BLACK SATINS, ALL 24 inches wide, 1/0¾, 1/4¾, 1/7¾, 1/11½, 2/6½, and 2/11½.

BLACK ORIENTAL SILK SATINS, BRIGHT FINISH, 21-inch, 1/7¾; 22-inch, 1/11½, 2/3½, 2/6½, and 2/11½; 42-inch, 2/11½; and 44-inch, 5/6½.

BLACK DUCHESSE SILK DRESS SATINS, EXTRA good value, 24-inch, 2/6½ and 2/11½; 25-inch, 3/6½, 3/11½, 4/6½, 4/11½, and 6/11.

BLACK CREPE DE CHINE, SINGLE AND DOUBLE widths, 20-inch, 1/4¾; 21-inch, 1/7¾; 22-inch, 1/11½; 44-inch, 2/11½ and 3/11½; 45-inch, 4/6½, 4/11½, and 5/11.

SILK VELVETS, SILK PLUSHES AND VELVETEENS.

FANCY BLOUSE AND COSTUME CHIFFON, VELveteen, soft Silky finish; these are in Mottled, Stripes, Fancy Circles, Checks, Zebra, and Granite designs, in Myrtle, Sea Green, Beaver, Golden Browns, Mouse, Reseda, Iron Grey, Fawn, Cardinal, Cinnamon, Navy, and Dove colourings; 7,000 yards of these goods on Sale, 22-inch, 1/0¾ per yard

RICH MOLE SILK MANTLE PLUSHES. These are goods that were 10/6; 1,200 yards on Sale, 24-inch, Sale price 2/11½.

IRON-GREY FANCY STRIPED MOTOR VELVETS, 24-inch, 1/11½.

THE NEW CHIFFON SILK VELVETS IN ALL THE Latest Colours, for Evening and Autumn wear, 22-inch, 3/11½, usual price 5/11.

RICH SEAL AND BLACK SILK MANTLE PLUSHES These are from 48 to 54 inches wide, prices 6/11, 8/11, 10/11, 12/11, 14/11, 16/11, and 18/11. They are all Lister's goods, which is the best make, always give satisfaction in wear.

CHIFFON VELVETEENS, THE NEW FINISH, IN ALL the fashionable Autumn and Evening shades, fine finish, 24-inch, 1/11½, in place of 3/3.

CHIFFON SILK VELVETS IN ALL THE NEW AND Evening Shades for the Season, 18-inch, 2/11½, 3/11½, 4/11½, and 5/11½.

VELVETEENS, FULL RANGES IN ALL THE NEW Autumn Shades, fast pile, 22-inch, 1/0¾; 23-inch, 1/4¾ and 1/7¾; 24-inch, Our Specialite, 1/11½; we can do this make in about 80 shades.

BLACK VELVETEENS, THE BEST FAST DYES, WE Stock in following prices: 22-inch, 9¾d. and 1/0¾; 23-inch, 1/4¾ and 1/7¾; 24-inch, 1/11½ and 2/6½; 25-inch, 2/11½ and 3/6½.

BLACK SILK VELVETS, 18-inch, 1/4¾, 1/7¾, 1/11½, 2/6½, 2/11½, 3/6½, and 3/11½; 19 inch, 4/6½, 4/11½, 5/11, and 6/11.

BLACK SILK CHIFFON VELVETS, 18-inch, from 1/7¾ up to 5/11.

BLACK SILK MANTLE PLUSHES, 32-inch, in all prices from 3/11½ up to 9/11.

BLACK SILK MANTLE AND COSTUME VELVETS, 32 inches wide, prices range from 3/11½ up to 10/11.

THE FANCY ORCHID DESIGN PANNÉ SILK VELVETS, Stylish Designs and Colourings, 18-inch, 1/4¾, were 3/9.

FANCY PANNE SILK VELVETS FOR BLOUSES AND Costumes in Rich Autumn Colourings, Designs are Spots, Shots, Shaded Stripes, Pin Spots, and Stripes. The colourings are Terra Cotta, Sable, Purple, Mauve, Navy, Steel Grey, Old Gold, &c., 1,700 yards on sale, 18-inch, 1/11½, were 3/11.

RICH BROCHE SILK VELVETS WITH LIGHT VARIED Coloured Base, the Velvet Broche in Dark Colours and Black, which makes them very Stylish and Effective, 1,200 yards on Sale, 18-inch, 1/11½, were 4/6.

CORDUROY VELVETEENS. NEW AUTUMN AND EVENing Shades, also White Cream, and Black, 23-inch, 1/0¾; 24-inch, 1/6¾; splendid value.

GRAND DISPLAYS OF MANTLES, COSTUMES, SKIRTS, MILLINERY, UNDERCLOTHING, DRESS MATERIALS, HOUSEHOLD DRAPERY, LACES, RIBBONS, TRIMMINGS, &c. . . .

PATTERNS POST FREE.

SAMUEL LEWIS & Co., 5, 6, 7, 8, 9, 10, & 11, Holborn Bars, E.C.

No. 5666 No. 5667 No. 5668

No. 5669 No. 5670 No. 5671

SOME PRETTY SKIRTS FOR DAY OR EVENING WEAR.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Pleated Skirts, each 1s. 0½*d.; Plain or Foundation Skirts, each* 6½*d., post free of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, November, 1905.

DRESS AND MILLINERY.

Mdlle. Jeanne, 77, Claverton Street, London. Clever milliner, renovator; marabout stoles renovated

MOURNING.—Brown skirt, good yoke, pleated, 37, 24, 4s. 6d.; three-quarter coat, brown, warm, straight sac, woven combinations, undervest, 2s. 3d.; no carriage; other things cheap. M3548

SMOCKING on ladies' own materials. Latest styles for children and infants; hygienic layettes from £3.—Miss Moorhouse, 70, Birch Lane, Manchester.

MOIRETTE SKIRTS with detachable silk flounce (very full), 10s. 11d., 12s. 11d.; flounce only, 7s. 6d. and 9s. 6d.; top only, 3s. 6d., in all leading colours; pattern free; underclothing made to order.—Madame Lee, Elm Grove, Southsea.

MILLINERY LESSONS; personal instruction; prospectus free.—57, Upper Gloucester Place, Dorset Square, W.

Servants' DRESSES sent, carriage paid, for 5s. 6d. P.O.; well made and materials good; waist 24in and 26in. M3558

PARCELS USEFUL CLOTHING.—Women's and children's blouses, overalls, 2s. 6d.—97, Beaconsfield Road, Tottenham.

Servants' Cotton DRESSES, 3s. 11d.; new golf cape, flannelette blouses, 1s. 6d. each.—97, Beaconsfield Road, Tottenham.

Sale, four good HATS, post free 5s.; also exchange music. M3557

WINTER COAT, three-quarter, black also Plush HAT, quite new, 5s. each. M3554

White satin NIGHTDRESS CASE, hand painted, quite fresh and unsoiled; offers. M3555

LACE, suitable caps, ties, dressing dolls; large packet post free 6d. M3551.

Red Tweed SKIRT 8s.; Grey COSTUME 14s.; parcel WEARING APPAREL, oddments, 8s. M3553.

NEEDLEWORK, DRESSMAKERS &c.

RENOVATIONS. — French dressmaker makes specialité renovations; ladies' materials made into smart costumes. — Jeanne, 77, Claverton Street, London, S.W.

Mrs. Pink, 11, Pitt Street, Norwich. Ladies' own materials; blouses: tea gowns; day or evening gowns; good renovator.

DRESSMAKER. Daily Blouses, Dresses, Mantles, Renovations.—Bates, 70, Grosvenor Road, South Belgravia, S.W.

DRESSMAKER, experienced: good fit and style; daily or at home. — 19, Prideaux Road, Stockwell.

D'OYLEYS from 6d. each; tray cloths from 1s. 9d.; teacloths, handsome crochet borders, from 7s. 6d. to £2 2s.; orders requested. M3547

Annette, good DRESSMAKER, fit and style; terms moderate; renovations. — 46, Gunter Grove, Chelsea, S.W.

CORSETS made to measure; ladies' patterns copied at the shortest notice; illustrated price list measurement form and patterns post free; corsets cleaned and repaired equal to new; trial solicited.—Madame Lee, Corsetière, Elm Grove, Southsea.

LADIES' SKIRTS 5s. 6d.; GIRLS' with lining bodice, 3s. 6d.; BLOUSES, lace yokes 5s. M.3552

DRESSMAKING.—Advertiser would like to meet with another to join her in a dressmaking business; no premium required.—Address, M. M., 6, Chippendale Street, Clapton, N.E.

To Working Dressmakers.—Small BUSINESS FOR SALE, cheap, on account of marriage. M3556

CROCHET TRAYCLOTHS, CHEMISE TOPS, PINAFORE YOKES, D'OYLEYS. Approval.—Miss H. Cass, 19, Albion Place, Maidstone.

JEWELLERY.

Are you unlucky? No success in love or business? Wear WHITE HEATHER PENDANT, which attracts success and riches, 1s. —Pastor, 121, Finchley Road, Hampstead.

Two jewelled RINGS, 3s. 6d. each; TAIL dark brown hair; approval for postage.—Miss J. A. Bacon, 21, Adelaide Road, St. Denys, Southampton.

ANTIQUES, BOOKS MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

POST CARDS EXCHANGED, British, Foreign, and Colonial.—Miss Edith Bower, Nagpur, India.

COPPER COINS, 1797 to 1813; exchang. boy's carpenter's tools.—King, Hardingham Attleboro'.

POSTCARDS EXCHANGED. — China, Japan, Russia, Switzerland, Africa, Spain.—Colwell, Vivegnis, Herstal, Belgium.

POSTCARDS EXCHANGED; British, foreign.—Malcolm, 38, Deodar Road, Putney, London.

HOUSES, APARTMENTS, BOARD, &c.

DETACHED FREEHOLD HOUSE wanted to purchase, containing drawing dining, about four bedrooms, bathroom, &c., and good size garden, south of the Thames, and within 12 miles of London preferred.—Write, giving full particulars, to L. T., 207, Amesbury Avenue, Streatham Hill, London, S.W.

Colours attract Health and Success.—Personal Colours only, 1s.; Krome Reading, giving full delineation of same, 2s. 6d. Send nativity, name, and birthdate, Marie Hope 129, Marlow Road, Anerley, S.E.

Bognor. — FURNISHED DETACHED HOUSE TO LET, one minute parade; 4 bedrooms, 1 large sitting-room, kitchen, scullery, &c.; gas cooker and light; plate and linen; 35s. a week, October. M3550.

MISCELLANEOUS.

ANCIENT PREDICTION BOOK, 6d.; see fortunes yourself.—Mirza, 10, Chichester Road, Paddington.

PILLOW LACEMAKER'S BOBBINS. —For disposal, lot wood and bon bobbins; also several bobbins in copper, pewter, and brass, and several bone and wood "window"; very rare.—Burton, Ermine Street, Huntingdon.

Lady wishes for orders. ARTIFICIAL FLOWERS, IN NAINSOOK, SILK OR VELVET. M3524

DOLL'S HOSPITAL.—All kinds of repairing: heads, arms, legs, wigs, or anything; goods by post receive every attention.—16, Dawes Rd., Walham Green, London, S.W.

PARIS RABET TIES, 1s. 3d.; COLLAR-BANDS, 9d.; ringdoves, silkworms.—Eden, Eaglescliff, co. Durham.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. NOVEMBER, 1905.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss Tily, 69, Sumner Road, West Croydon.
Mrs. R. Dolling, 40, Shirland Road, Paddington, W.
Mrs. Goddard, 37, Turnville Road, West Kensington.
Miss Anton, 54, Beresford Street, Camberwell, S.E.
Miss Smith, 44, Thane Valley, Seven Sisters Road, Holloway, N.
Miss Walford, 14, West Hill Street, Dyke Road, Brighton.
Miss Applin, 91, Mansfield Road, Gospel Oak, N.W.

LADIES' OWN MATERIALS MADE UP—

Miss Connery, 19, Prideaux Road, Stockwell, S.W.
Madame Roebuck, 98a, Holland Park Avenue, West Kensington,
Mrs. Craven, 175, Grove Lane, Handsworth, Birmingham.
Miss Bates, 70, Grosvenor Road, South Belgravia, S.W.
Miss Moorhouse, 70, Birch Lane, Longsight, Manchester.
Miss Clinch, 14, Barrow Hill, St. John's Wood Road, N.W.
Lugene, 129, Portland Road, Holland Park Avenue, W.
E. C. Andrews, 31, Conewood Street, Highbury, N.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. and Miss P. Tapp, 16, Willcott Road, Acton,
Miss Cole, 47, Nutfield Road, E. Dulwich, S.E.
Mrs. F. C. Monk, 81, Loder Road, Preston, Brighton.
L. Button, 18, Granville Terrace, Cricklewood Lane.
Miss Clasper, 14, Broughton Road, South Shields.
Miss Bullivant, 21, Firth Park Avenue, Pitsmoor, Sheffield.
Miss Pearl, 16, Bruce Road, South Norwood.
The Parisian Renovating Dress Co., 77, Claverton Street, S.W.
Mdlle. Jeanne, 77, Claverton Street, S.W.
Miss Ensor, Basset House, 18, Harrington Square, Hampstead Rd., N.W
Mrs. Sidney J. Hurwitz, 29, Archibald Road, Tufnell Park, N.
Miss Connery, 19, Prideaux Road, Stockwell.
Madame Roebuck, 98a, Holland Park Avenue, Kensington,
E. and E. Percival, 24, Tower Street, King's Lynn.
Gertrude, 57, Abingdon Villas, Kensington.
Madame Alleyne, 51, Dinsmore Road, Balham, S.W.
Madame Pugh, Gilwern, near Abergavenny, Mon.
Miss Dodd, 7, Gorringe Park Parade, Tooting Junction, Mitcham.
Annette, 46, Gunter Grove, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square,
Miss A. Bacon, 21, Adelaide Road, St. Denys, Southampton.
Miss Lawrence, 47, Granville Road, Walthamstow, Essex.
Miss Adams, 48, Abbotsford Place, S.S., off Cumberland Street, Glasgow
Mrs. Craven, 175, Grove Lane, Handsworth, Birmingham.
Misses Burnett, 7, Windsor Road, Holloway, N.
Josephine Coulson, 419, Fulham Road, Opposite Redcliffe Gardens, S.W.
Miss Applin, 91, Mansfield Road, Gospel Oak, N.W.
Eugène, 129, Portland Road, Holland Park Avenue, W.
Marie Smeeton, 48, Queen Margaret's Grove, Mildmay Park, N.
Miss Wall, 162, Venner Road, Sydenham, S.E.
Miss Wolfe, 27, Hampton Place, Brighton.
Miss Clasper, 14, Broughton Road, South Shields.

LADIES' AND CHILDREN'S MILLINERY—

Miss Beale, Tuffleigh Crescent, Gloucester.
Miss Agnes Cowen, Moffatt House, Wharncliffe Street, Newcastle-on-Tyne
The Misses Hallowes, 1, Hereford Square, South Kensington, S.W.
Mrs. Henderson, 64, Stanhope Road, South Shields.
Madame Ilene, Abbott's Court, Kensington Square, W.
Mrs. King, 14, Sussex Street, South Belgravia, S.W.
Mrs. Wells, 36, Gore Road, South Hackney, London, N.E.
Misses Burnett, 7, Windsor Road, Holloway, N.

LADIES' SHIRTS—

Miss Beatall, 41, High Street, Rushden, Northamptonshire.
Miss Lowson, 1, Buckingham Terrace, Maryfield, Dundee.
Miss E. Manser, 26, Dudley Road, Eastbourne.
Madame Mary Norman, 2, Norfolk House, Lulgrave Road, Hammersmith.

PILLOW LACE MAKER--

Miss Kent-Johnson, Sharnbrook, Beds.

CORSETIERE—

Mrs. Sidney J. Hurwitz, 29, Archibald Road, Tufnell Park, N.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.

FURS RENOVATED—

Mrs. Lindfield, 17, Powis Road, Brighton.

All Coupons must be received by the 1st of each month preceding date of issue.

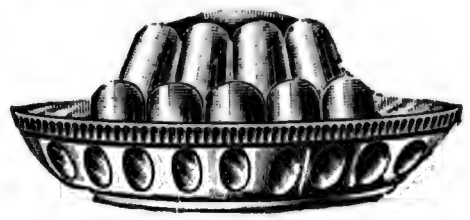
THE QUESTION OF ENGLISH COOKING.

The flavourlessness and "stodginess" of the average English cooking has been rubbed into us pretty well of late. We hear over and over again of the famous stock-pot on the Continent, which keeps the modest family with a never-ending supply of delicious soups and gravies. It is useless to deny that the middle-class wife and the middle-class cook on the Continent understand the value of good soup, and know how to make it; but their English compeers can avail themselves of a valuable meat essence which is largely used by those Continental cooks who have not the means of providing stock of a high class in their own kitchens. This indispensable ingredient is Maggi's Essence, which is specially prepared to flavour and improve soups, bouillon, sauces, gravies, &c. It is, of course, a foreign production, and the only agents in Great Britain are the firm of noted high-class caterers of London, Messrs. Cosenza and Co., 95, Wigmore Street, W. Maggi's Essence imparts the flavour of a high-class French soup to the most modest British attempt at getting soup out of a few bare bones. And it cannot be called expensive; it is sold in bottles from 7d., and, as a very little is required, the bottle lasts a long time.

Maggi's Essence.

A DELICIOUS TABLE JELLY.

The season of family entertainments is at hand, and it behoves every housewife whose catering has to be ruled by economy to stock her storeroom with tasty dainties which she may require at any moment, which do not spoil with keeping, which are quickly made, and which will attract the eye and whet the appetite. All these qualifications are possessed by the excellent Keenora Table Jellies, which are turned out in a few



minutes with the aid of Keenora Table Jelly Powder and some hot water. There is no slicing up as in the case of jelly tablets. The Keenora Hasty Table Jellies are really delicious; they are to be had in a variety of flavours, and they are most inexpensive—3½d. for a pint packet. The Keenora Table Jelly Powder can be ordered through any grocer, but before ordering in large quantities the prudent housewife would prefer to try them. This any reader of Myra's Journal can easily do by sending 2d. (for cost of postage) and her grocer's address to the Keenora Company, Liverpool, who will send her a free pint packet of Keenora Jelly Powder of any preferred flavour.

To save the trouble and expense of heating the oven in order to roast a small joint, choose a small thick piece of meat and put it in an iron saucepan with a little dripping in it, and cover with a closely fitting lid, basting occasionally. This will be found to be a very economical way of cooking, as after the first few minutes the pan need only simmer gently, so that very little heat is required, and a fire made up with cinders and potato parings will answer the purpose.

Cookery Recipes and Household Hints
PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:

FOUR PRIZES, 2s. 6d. each, for the Six Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Six Best Household Hints.

Competitors must send in their Recipes and Hints on or before November 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

Competitors must write their Cookery Recipes and Household Hints on *separate sheets*, and put their name and address on each. The sheets can then be pinned together with each coupon.

COOKING RECIPES.
NOVEMBER, 1905.

HOUSEHOLD HINTS.
NOVEMBER, 1905.

The Result of the Competition will be published in the January number.

Madame Myra, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6½d. (plain skirt or bodice, or *short* coat). Pleated or tucked styles cut according to complication; of a princess or Empire gown the pattern would cost from 2s. 6½d. post free.

SHOPPING AT HOME.

Country, Colonial, and Foreign Readers who are unable personally to visit town can now have whatever they require purchased at the

BEST SHOPS.

The Proprietors of *Hearth and Home* have engaged the services of a lady thoroughly trained for and skilled in this kind of work, who will purchase

ANY ARTICLE REQUIRED.

FURNITURE, CARPETS, HOUSE LINEN, GLASS, CHINA, | DRUGS, STATIONERY, DRESSES, HATS, MATERIALS, KITCHEN UTENSILS,
CUSHIONS, &c., &c.,

At the Lowest Possible Prices.

She will also, if desired, give the readers the benefit of her large experience in choosing their purchases, or exactly carry out their instructions from catalogue or letter.

FULL PARTICULARS

of this interesting and practical scheme will be found in this week's

"HEARTH AND HOME,"

Price ***3d.,***

At all Newsagents and Bookstalls.

10 & 11, FETTER LANE, LONDON, E.C.

Creamy Plasmon Oats. **Delicious Plasmon Cocoa.**
Plasmon Biscuits. **Plasmon Tea.**

AIDS DIGESTION.

PLASMON

BRACES THE NERVES.

Beef Plasmon. **Plasmon Arrowroot.**
Sustaining Plasmon Chocolate. **Plasmon Luncheon Packets.**

Health and Beauty.

ANSWERS TO CORRESPONDENTS.

All Letters to be addressed to "Mistress Anne Page, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Laurie.—(1) You can immediately and successfully darken your eyebrows permanently with the "Eyebrow and Eyelash Dye," which is sold for 2s. 6d. by Mr. Mason, 25, Bank Plain, Norwich. This is quite harmless, and the effect is perfectly natural when you have washed the face after applying the dye. (2) The following unguent will make your eyebrows and eyelashes grow thicker and darker if you apply a trace of it to them on the first three nights of each week:—Rj. ung. hydrargyri oxid. flav., 4 drachms; vaselini flav., 1oz, M. ft. ung. modo dict. utend. The above Mr. Mason can dispense this accurately for you.

Little Susan.—You may be sure that it is "all for the best," and that "all that is, is right," though it is most difficult to believe this. You have responsible work before you, and you must do all that you can to keep up your own strength. One thing that will help you is "proper breathing" exercise daily, and this is the way to do it:—Stand by your open window the first thing in the morning, and in your garden two or three times during the day. Put your heels together, stand as straight and well as ever you can, lightly clasp your hands in front of you, shut your lips easily but not tightly, and then draw in, slowly, the longest breath that you possibly can through your nose. Hold this breath in your lungs as long as ever you can, then let it go quite slowly and without a jerk right to the very end. Repeat this ten times. If you will get a 9d. packet of "Plasmon," which is a white and perfectly tasteless powder kept by all chemists, and will put a sprinkle of this in your food, so that you take in all a teaspoonful during the day, it will also help you to gain more strength. You can give your father the same thing, and he will sleep better if you give him a cup of "Neaves' Food" the last thing at night just when he is going to bed.

Elderly.—Those plasters for getting wrinkles out of your face are manufactured in Paris, and are usually sold for 10s. 6d. a set, but Mrs. Adair, 90, New Bond Street, London, W., brought over a consignment of them, and is selling them for 1s. 6d. a set at present, so if you want to try them now is your chance.

Wishie.—To cleanse your skin of blackheads, dip a square of flannel in hot water, wring it out and lay it on the skin which is blemished, and hold it there for a minute or so. Then apply some of "Earle's Acne Lotion" (2s. 6d., from Mrs. Earle, 92, Bold Street, Liverpool) and let this soak into the skin all night. In the morning wash first with hot water, then rinse in quite cold water.

Alexandra.—(1) The blotchiness in your face can be entirely cured by gentle massage at night, after bathing in hot water, using "Mason's Cream of Sulphur" (2s. 9d. from Mr. Mason, 25, Bank Plain, Norwich) as the medicament and lubricant, and by taking for a time the "Tonic Complexion Pills," which the same Mr. Mason sends for 1s. 2d. a box. (2) A lovely liquid powder that will not make your skin appear to be powdered, though it will give it a peachlike bloom, and will hide all imperfections, is the "Lait Poudre," which the same Mr. Mason sends for 3s. 6d. a bottle. It has great curative properties and helps to eradicate spots and pimples, so you should use this in the day as well as in the evenings. (3) The recipes you send me for astringent lotions for the skin would be far too drying for your complexion, and would certainly tend to make it yellow, and you will find this a far better one:—Rj. hazeline, 3 drachms; *simple* tincture of benzoin, 1 drachm; mucilage of cydonia seeds, 2 drachms; elder flower water, 4 ounces; rose water (triple distilled) to eight ounces. Mix and make into a lotion, adding the Benzoin last. Mr. Mason would dispense this properly for you.

Worried Mother.—Young girls are very apt to tightly lace themselves into corsets in their desire to look smart, and to this fact, I am afraid, you owe it that your daughter's shoulders are beginning to look "round and humpy." Give her a good pair of "H.S. Corsets" (which will make her look slim without any necessity for tight-lacing), and for the present let her also wear a "Dolabel Shoulder Brace" (4s. 6d. post free from the makers, H. Sampson & Co., Dept. M., 33, Ferntower Road, Newington Green, London, N.), as this will prevent her stooping, will help to widen her chest, and so to make her waist look small in proportion. If you have the least difficulty in getting the corsets I recommend, send for them also direct to the manufacturers, H. Sherwood & Co., Limited (Dept. C.), 12, London Wall, London, E.C. The prices range from 2s. 11d. to 21s. a pair, but at 6s. 11d. or 8s. 11d. you can get a really good and serviceable pair, with two sets of suspenders that keep the corsets well down, and give such elegance to the figure.

Jerrie.—Icilma Water is not exactly "a new toilet adjunct," as you call it; I have had it in use myself for some years now, and find that whenever I have had to use hard water for washing my face, an application of "Icilma" immediately afterwards takes away the evil effect, so I usually carry a little shaped bottle of it, that one can get for 1s. from Icilma Co., Limited (Dept. 87), 142, Gray's Inn Road, London, W.C., in my dust-coat pocket. The regular use of Icilma Water (1s.) and Icilma Fluor Cream (also 1s. from same address) will prevent lines and wrinkles, and keep the complexion bright and clear. Gnats, midges, and other worrying insects avoid a face that has been bathed with Icilma, so you will find it most useful when you go into the country.

Lady Mary.—It is always best to keep your toilet aids under lock and key; for one thing, you will know then that they cannot be contaminated by dust, or by the germs that are for ever floating in the air. The ebonised steel "Complete Outfit Box," with duplicate keys, and a strong leather strap, sold by Mr. Mason, 25, Bank Plain, Norwich, is one that I can heartily recommend, as it is fitted with compartments for the bottles, so that when you travel you can take this compact little box with you, and never be short of anything that you want in the way of toilet aid when you are away from your own dressing room. With regard to your other question, the above Mr. Mason's "Chryseonone" (1s. 2d.) will cure the redness of your eyelids, caused by motoring, and will also make your eyelashes grow longer and darker if you take a trace of it along the margins of your eyelids on three successive nights of every week.

Birmingham Admirer.—You can have the best of "Hygienic Complexion Treatment" now in Birmingham, at Carleton House, 28, High Street (the house faces New Street, so it is quite easy to find), where our Mrs. Adair, of 90, New Bond Street, London, W., has established a branch, and placed a very able lady to represent her, one who thoroughly understands all the arts of beauty-culture. I advise you to go there to have a course of "Original Strapping Massage," which will not only give you a new and fresh, clear complexion, but will entirely remove the "double-chin," which now makes your face look so much older than it really is. You can also, at this establishment, have your neck and arms so skilfully treated that they will be lovely by the time the dances in the Assembly Rooms and Council House begin for the winter season.

Wix.—As your hair is beginning to show streaks of grey, and you want to restore the natural colour without using a dye or a greasy lotion, you can have nothing better than the "Primrose Lotion" which Mr. Mason, of 25, Bank Plain, Norwich, sends post free for 2s. 6d. a bottle. After you have brushed and combed your hair for the night, pour some of this into a saucer (shake the bottle well first), then, with a bit of flannel, rub it into as many distinct partings as you can make on your head. Do not brush nor comb the hair after making the application until next morning; but just do it loosely into a plait for the night.

Marjorie.—Your friend, whose teeth are getting so discoloured, should regularly use "Fragrant Floriline" twice a day, with a not too hard tooth-brush. This dentifrice (which can be obtained at any chemist's) removes all unpleasant odour from the teeth, and gives them a beautiful pearly whiteness; it also hardens the gums, gives fragrance to the breath, and prevents decay of the teeth.

Wop.—You must have been getting thin very rapidly, as your skin is so suddenly falling into wrinkles, and you should brace the tissues by bathing your chin and neck three times a day with the "Ganesh Diable Tonic," sold for 5s. 6d. by Mrs. Adair, 90, New Bond Street, London, W. If there is also any bagginess under the chin, you ought to wear the same Mrs. Adair's "Chin Strap," which she invented for the purpose of curing a "double-chin," but it equally well removes bagginess, and restores a pretty contour.

Beatrix.—To keep your little sister's hair its lovely golden shade, beat up the yolk of an egg with ½oz of Tincture of Quillaia Saponaria, and rub this well into the skin of her head. Rinse all trace of this egg-mixture out with hot water, softened with a tablet of "Pasta Mack" (1s. for a box of the tablets at any chemist's), and then with nearly cold water, and dry her hair with warmed towels, and by fanning near an open window. This shampooing should be done at the end of every third week.

Eleanor,—The "Corona," or Norwegian Plait is as fashionable as ever, but you cannot hope to make it with your growing hair if this is as thin as as you describe it to be. Your simplest plan will be to get a 7s. 6d. tail of pure hair, 22 inches long, from The Universal Hair Manufacturing Co., 84, Foxberry Road, Brockley, London, S.E., to exactly match your own (of course you must send a bit of this as a pattern with your order), and then you can dress your hair perfectly and easily with the help of this.

Sallie.—The best and surest way to permanently cure your face of the tendency to constant pimples is to take a course of the "Tonic Complexion Pills" which Mr. Mason, 25, Bank Plain, Norwich, sends for 1s. 2d. a box, and to rub into the affected skin every night, as long as may be necessary to effect the cure, some of the "Cream of Sulphur" which is sent in a nice glass toilet jar by the same Mr. Mason for 2s. 9d.

"A really reliable pattern like yours are is half the battle in making things."

J. G. GRAVES'

THE

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Of Household Cutlery and Plate.

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The knowledge contained in this book is of **Priceless Value to Every Married Lady,** and has been the means of brightening the lives of thousands. It contains a large amount of valuable information. All will profit by reading it, as the knowledge gained is priceless, and cannot but do good. Sent in sealed envelope for two stamps.

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Are of priceless value to all ladies. THEY AFFORD RELIEF IN EVERY INSTANCE—frequently in a few hours. COATED WITH GOLD, prepared with drugs worth their WEIGHT IN GOLD, they are FAR SUPERIOR TO BITTER APPLE, STEEL, AND PENNYROYAL, &c., and all similar preparations. Prices, post free in plain wrapper, **1s. 3d.** and (treble quantity) **2s. 9d.** Direct only from the

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Valuable and Reliable Corrective by skilled Parisienne Specialist. New Method. Particulars from **Madam SIMPSON, 27, Corporation Street, Manchester.**

BOOK FOR LADIES.

The information contained in this book ought to be known by every married woman, and it will not harm the unmarried to read. No book is written which goes so thoroughly into matters relating to married women. Some may think too much is told. Such can scarcely be the case, for knowledge is power and the means of attaining happiness. The book can be had in envelope from Dr. T. R. ALLINSON, 619 Room, 4, Spanish Place, Manchester Sq., London, W., in return for a Postal Order for 1s. 2d.

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By remedy, of wetting their beds. Box **5s. 6d.**, postal order.—BUROT, Chemist, Chantenay, Nantes, France.

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GREY HAIR can now be restored to its natural colour without dyes or stains.—Write for terms, &c., **O. E. HORN, D.Sc., Boscombe Park, Bournemouth.**

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This book contains specially important information and advice which should be read by every married woman. It is immensely popular and most reliable. Post free for one stamp.—M. J. HADDON & CO., 1, Camden Street, Islington, London, N. (opposite Agricultural Hall).

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An Invaluable Remedy for Hair Falling Out and Baldness. Makes hair grow even in most stubborn cases. Is not a dye. Non-greasy, cooling, and refreshing. Bottles **1/-, 2/6, & 4/6.** Post free in Britain; abroad according to 11b. & 21b. rates

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JAMES'S DEPILATORY instantly REMOVES SUPERFLUOUS HAIRS from the Face, Neck, or Arms, without injury to the Skin. Of all Chemists, or sent with directions for use, free from observation, on receipt of postal order for 1/3, 2/3, and 2/9.

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Mrs. C. JAMES, 263, Caledonian Road, London, N.

Correspondence.

RULES.

1. To be answered in the next number, letters must reach us not later than the 25th of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.

Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Dannite.—(1) The beaver hat is quite up-to-date. The colour, too, is very fashionable. (2) Certainly red for the Louis Velveteen. Why not get the lighter Louis Chiffon Vel Duvet as you want a *pleated* gown? For a model you cannot do better than copy No. 5624. You could have the sleeve also of the Chiffon Vel Duvet. (3) You mean the new boa, one end of which is flung over the shoulder? One is sketched on page 19. If you go to Messrs. Samuel Lewis's, The Holborn Silk Market, Holborn Bars, E.C., you will find this boa in various skins at all prices. White fur is very dear, but there is an excellent substitute in white foxaline. Messrs. Samuel Lewis will show you some.

Daisy.—(1) I answer most of my correspondents by post, because space here is precious, and then dress queries require early answers. (2) As the gown is so very good it seems a pity to put it by. It would command an excellent price if advertised in a good-class medium like "Hearth and Home" Sale and Exchange columns. As those columns are for the benefit of readers, the charge is extremely small. Write for terms and conditions to the Editor, Sale and Exchange, "Hearth and Home," 10 and 11, Fetter Lane, E.C.

Hoyden.—(1) White cloth, by all means. It is an ideal fabric for a "going-away" dress. You need not pay a big price (as low as 3s. 2d. is the charge for a lovely white cloth, 43 inches wide, from Best's Dress Goods Co., Bradford). Send for patterns of white cloths. Best's Dress Goods Co. pay cost of carriage both ways. For a style, I think that No. 5639 ought to suit you. Or perhaps you would prefer a pleated skirt (No. 5668) and the exquisite Empire Redingote, No. 5647—this combination would work out beautifully in white cloth. No trimming on the skirt; the coat, with collar and cuff of white satin, braided in gold. You could possibly buy cheaply some Indian embroidery in white and gold for these little pieces. Go to Liberty's, Regent Street, for the Oriental embroidery. (2) A white felt hat. You will see some exceedingly nice models in white felt at Messrs. Samuel Lewis's, Holborn Bars, E.C. (3) A red hat for the grey costume, preferably of red velvet. Send to Samuel Lewis's for that beautiful red toque sketched on the right, page 19. It is very inexpensive, and so smart. (4) Make up the Oriental satin on the Free Blouse Pattern. It is a beautiful grey, and you can get a pale grey tweed for the skirt just that colour at Messrs. Samuel Lewis's.

Marthe.—(1) There are several winter coats for girls on page 15, of various type—the redingote (5644), the long coat with pélerines (this is just the coat for a Marquise hat, No. 5642), the long-waisted coat with godet skirt (No. 5641), etc. A fair girl looks very well in red cloth, and the colour is so fashionable. A white foxaline boa would go with it admirably, and the hat could be red or white—not *black*. A black hat is very nice with red, but then I should prefer the fur to be black, and black fur is not suited to a girl of twelve. As she is so tall and leggy, I advise the redingote (No. 5644). (2) I will give plenty of dance frocks next month, which will be in ample time for her New Year party.

Daddy Long Legs.—(1) I think a pleated skirt is best for a very long, thin figure. Are your measurements correct? They seem abnormally slender for the length. The Skirt No. 5628 would be the best for you, and I advise Lewis's "Wonderful" Velveteen for it (2s. the yard, from Lewis's, Market Street, Manchester). (2) Not the yellow shade. It is the one colour, I think, which I do not care for in velveteen. Why not choose a soft rose pink, a dainty mauve, or a pale blue shade? These are prettier and far more becoming, while being equally "striking" as you suggest. (3) Have the capital coat pattern, No. 5662. It will make up beautifully in white blanket cloth. (4) No; the effect would be ruined. The pleats of the redingote skirt are quite free; soft cloth and delicate satin lining pleated up together and ironed down. To arrange the cloth pleats on the flat satin would be exceedingly ugly.

Madonna.—(1) You will find two very smart and useful fichu draperies on pages 8 and 9. No. 5625 is an excellent cross-over model with point at the back. No. 5628 is a beautiful example, which you will find fully described on page 8. (2) Look out for the Christmas Number. A very beautiful skirt will be one of the free patterns, and a lovely blouse (suitable for your crêpe de chine) another. (3) I am sorry, but I cannot undertake the commission, much as I should have enjoyed doing it; I am up to the eyes in work. But they have an excellent "Shopping Bureau" connected with "Hearth and Home" (10 and 11, Fetter Lane), under an experienced lady (Mrs. Vereker), who is an expert in dress matters. She undertakes to shop for clients, and I think you could safely leave the buying of your dresses in her hands. Write direct to Mrs. Vereker, and tell her what you want.

EMPLOYMENTS FOR LADIES

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

For answers on this subject, see page 17.

COOKERY AND HOUSEHOLD MANAGEMENT.

Letters to be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Mrs. Hope will, in case of urgency, answer letters by post if six stamps and a stamped addressed envelope is enclosed for a reply. Otherwise the reply will appear in these columns.

Cake Making.—I think if you write to Messrs. W. E. Peck and Co., 8, Bradford Avenue, Red Cross Street, London, E.C., and ask them to send you one of their "Home" Cake Makers you will find you can cream the butter and sugar for your cakes very rapidly and well, without the fatigue which you complain of when beating with a fork. It will do excellently for sponge cakes—and, indeed, it will mix any kind of cake, fruit or otherwise. It is a very simple machine, in three parts—a pan to hold the ingredients, a crank with mixing "fliers," and a clamp to fasten the whole to the kitchen table. Name "Myra," please, when you write, and ask to have one of the useful little cookery books sent with it which they sent to me. The price of the Home Cake Maker is 7s., and an excellent seven shillings-worth it is.—Landgravine.

Allowance for a Wife.—There is no hard-and-fast rule, dear lady, and the subject is a wide one. Some people contend that a wife should have ten per cent. of the income for her own personal expenses—and that seems to me a very fair proportion. In any case, have the matter decided *before*, and not *after*, the wedding. If more mothers were as sensible as you are in foreseeing the necessity of a definite sum for personal expenses being arranged early in married life, I am sure there would be fewer unhappy moments spent by young wives. Clothes, books, papers, travelling, charity, and presents *cannot* come out of a housekeeping allowance, probably (and properly) calculated upon very economical lines. The want of an allowance means a course of "robbing Peter to pay Paul," and the inevitable sequel of debt and distress. A definite sum for the items above named need not be a large one. It is not the amount so much as the definiteness of it that matters. Write again if I can help you further. You did not tell me definite sums as to income, &c., or I might have given a more helpful answer now.—Lala.

Cloths for Rubbing Silver.—These may be made at home certainly. An old fashioned method is to boil white rags, cut to a convenient size, in milk which has hartshorn powder added to it in the proportion of 1oz to the pint. Boil them five minutes, wring them out, and dry before the fire. They are then ready to use. Selvyt cloths are excellent polishers, and you can emulate these (since you say it must be a home-made affair all round) by buying cream-coloured velveteen as cheaply as you can, and cutting it down to size. I should prefer to get Selvyt cloths ready made. They really will be quite as cheap.—Mary Jane.

HEALTH AND BEAUTY.

Letters to be addressed to Mistress Annie Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

For answers on this subject, see page 24.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
NOVEMBER, 1905.

DRESS AND HAIRDRESSING.
NOVEMBER, 1905.

HEALTH AND BEAUTY.
NOVEMBER, 1905.

ETIQUETTE.
NOVEMBER, 1905.

COOKERY & HOUSE. MANAGEMENT.
NOVEMBER, 1905.

A Lady writes from Bury:—"Your paper is so practical and up-to-date in every way."

When the roots are not healthy and strong, or when they are affected by germs, your Hair will not—indeed, cannot—grow.

THAT IS WHY NOTHING CAN BE ANY GOOD FOR

HAIR

WHICH IS

FALLING OUT and PREMATURELY GREY

EXCEPT

CAPSULOIDS

Because the harmful germs which injure them through the blood is Capsuloids. the Hair can only be gotten at through the blood, and the only Remedy which can reach It is utterly useless to rub stuff on the scalp, because it cannot get down to the germs.

MISS J. PERKINS.

1, Goldstone Cott's.,
Haywards Heath,
Sussex.

DEAR SIRS,—I have much pleasure in informing you that I have received great benefi from taking your Capuloids, both in health and strengthening and improving my hair, which was constantly falling out, and ceased to do so after taking your Capsuloids for a short time.

I am,
Yours faithfully,
(Miss) J. PERKINS.

24, Arncliffe Terrace, Bradford.

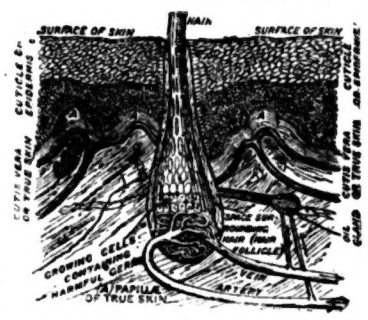
GENTLEMEN,—I sincerely believe your Capsuloids to be all that you claim for them. A friend of mine near London who had seen them advertised for the hair, and who had derived the greatest benefit from taking them, sent me a few. It was after an illness to which I had been subject, and which always leaves me in a low, depressed state.

Previously it has seemed impossible to regain strength, and from one attack to another I have never known the feeling of health—existence being a drag. Unfortunately (being a professional singer and a teacher of singing) this weakness manifested itself chiefly in my throat, besides affecting my hair. I could get no relief. My hair has always fallen out very much after these attacks, but the Capsuloids completely stopped this falling, and my hair soon commenced to grow rapidly. Besides, to my surprise, my throat trouble disappeared. I find now remarkable ease in giving instructions to my pupils, while the manner in which I control my own voice is a source of constant delight.

The enclosed photo shows how abundant my hair is now. My hair still continues growing thicker and longer.

I am with the greatest pleasure recommending Capsuloids to all my friends.

Faithfully yours,
MADAME B. MILNER.



LOOK AT THIS PICTURE OF A GROWING HAIR GREATLY MAGNIFIED, and learn how your hair grows, why it becomes prematurely grey, why it does not grow well, and why it falls out. The whole hair is produced by the multiplication of those growing cells which lie at the bottom and form its root. They rest upon the little blood vessels which carry the blood containing the red corpuscles, from which the cells draw all their nourishment. You can easily see from this picture that when the harmful germs settle in those growing cells, and go on multiplying, they will injure the cells, which causes the hair to loosen and fall out, or become prematurely grey. If those germs are not checked, they will in time quite destroy the cells, and as the roots would then be dead, nothing whatever could be done. You can only kill those germs by quickly making millions of new red blood corpuscles, and the only medicine which will make them rapidly enough is **CAPSULOIDS.** A look at this scientific picture will enable you to realise that external treatment cannot possibly benefit the hair. Take two Capsuloids with each meal three times daily.

Sold by Chemists everywhere at the reduced price of 2s. 3d. per box, or sent by THE CAPSULOID CO., Ltd., 47, Holborn Viaduct (opposite City Temple), London, E.C.; removed from 31, Snow Hill. Special sample given when this coupon is enclosed and three boxes are ordered from us; larger sample with six. Do not ask your chemist for sample, for he cannot supply it.

COUPON.
MYRA'S JOURNAL
November, 1905.

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